

Austin I.S.D. School Health Advisory Council Meeting MINUTES

6:00 p.m-7:30 p.m., Wednesday, 2/15/23

Meeting Location: Zoom Video Conference

<https://austinisd-org.zoom.us/j/84387833197>

The SHAC may take action during the meeting as it clearly and directly relates to any agenda item on the table at the time.

Time	Agenda Item	Presenter or Staff Resource (if applicable)
6:00 p.m.	Call to Order	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
6:05 p.m.	<p>Introductions and Recognition of Guests</p> <p>SHAC Members in Attendance Mary Renfro Dr. Kimberly Avila-Edwards Addison McKenna Allison Behr Nick Wagner Beeral Gupta Belynda Montgomery Joan Maniere Dr. Juliette Owens Whitney Thurman Suzanne Kerns Nina Miller</p> <p>Stacey Smith, Dr. Claire Selinger, and Cynthia Soliz joined after meeting roll call</p> <p>AISD Staff in Attendance Alana Bejarano Jose Serrano Ginger Voss</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair

	<p>Donna Piket Pat Werner Rachel Dunn Denise Vanlandingham Deja Gamble</p> <p>No trustees in attendance</p>	
6:07 p.m.	Community Communications	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
6:09 p.m.	<p>Reading and approval of minutes</p> <p>Allison asked if she could vote since she was a new member. Mary said it was her decision to vote or not.</p> <p>Addison filed a motion to approve minutes. 2nd motion approved.</p> <p>Allison, Nina, Joan, and Juliette chose to abstain.</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
6:12 p.m.	<p>Health Services Update</p> <p>No Updates recorded</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
		AISD Health Services Department Alana Bejarano, Director of Health Services
6:12 p.m.	<p>Voting of Physical Education Letter to Board</p> <p>Beeral motioned to approve the letter</p> <p>2nd from Belynda. All members voted in favor.</p> <p>Dr. Edwards asked how the letter will get to the Board. Jose will confirm the letters were sent.</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair

6:15pm	<p>Temperature Guidelines</p> <p>Pat Werner presented on the new Temperature Guidelines.</p> <p>This is a collaborative approach between the Athletic Dept., Fine Arts Dept, HPE Dept. and SHAC Subcommittee.</p> <p>It was revised with new look at elementary level for PE that is applicable year round.</p> <p>Hot Weather guidelines came from various sources to make sure what was appropriate for students. Elementary schools had the most changes with duration outside and specificity for water and rest breaks</p> <p>Added CDC’s warning signs with heat guidelines; coaches receive extensive training on this issue.</p> <p>Used many different references to pull the best information. Examples:</p> <p>UIL has very specific rules and the guidelines were adjusted with those in mind.</p> <p>Beeral: Are there specific guidelines outlined for the higher temperatures? Modifications were made at the Elementary level for both hot and cold weather.</p> <p>Kimberly: Are there indoor temperature guidelines? What about when it’s too hot indoors with no working AC?</p> <p>Pat: There are no guidelines for this. Fans are brought in and doors are opened.</p> <p>Kimberly: Asked to add that recommendation to the plan.</p> <p>Nina; Guidelines are for K-12? With kids that have different body thermostats. If kids are not dressed for the cold. Can older kids have autonomy with guidelines?</p> <p>Pat: Yes, teachers know their students and will use their judgement pertaining to that specific student. Every school will handle this differently.</p>	<p>Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair Health and Physical Education Department Patricia Werner, Director of Health and Physical Education</p>
6:30pm	<p>Voting of Equity Advisory Committee Letter</p> <p>The letter still is not available. Update on this will come later possibly in March.</p>	<p>Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair</p>
6:31pm	<p>Berry Update & Vote</p> <p>Cynthia: No uniform signage. Every campus is handling this differently. She would like campus-wide action regarding dangerous plants such as poison oak, poison ivy. Would like it in Spanish and also a visual symbol for those non-readers. Is there a new poison symbol? She would like some top-down instruction and</p>	<p>Cynthia Soliz</p>

	<p>uniformity.</p> <p>Mary: How many students were poisoned?</p> <p>Cynthia: 4 at her child’s school, but unsure with other schools so there is more education needed.</p> <p>Kimberly: What is the scope of the problem?</p> <p>Cynthia: Close to 100 recipients of this pollinator grant that received this plant. There could be close to 100 of these trees that can be on school campuses, but these plants are not tracked.</p> <p>Kimberly: What is the issue? Is it to raise awareness of these plants? Is it the number of children that have gotten sick? This will be helpful for SHAC to make a decision about which dept. has the jurisdiction on this issue.</p> <p>Cynthia: She wants to propose a recommendation that universal signage be put in front of poisonous plants.</p> <p>Mary: Asked for a motion to table this issue until April when a written recommendation is ready to discuss and vote on it.</p> <p>Cynthia: Motion to table until April 2nd by Addison. All other members voted to approve.</p> <p>Allison asked to clarify if the signage would be for all campuses, elementary up to high schools. She also recommended announcements at every level.</p>	
6:47pm	<p>Items from Members (Brief announcements, suggestions for future topics, recognitions, etc.)</p> <p>Rachel Dunn is providing opportunity for March 8 – Healthy Discussions webinar around 2pm</p> <p>Stacey Smith introduced Deja Gamble from Govalle ES and recommended her for SHAC membership.</p> <p>Nina: Looked over Wellness policy and wants to know if all schools are aware of what is expected of them. What we are expected to do so that this is compliance with this? She had two suggestions for helping with compliance: Provide a series of health fairs and a School garden at every school at AISD. Trustee Zapata wants to get a school garden at every school. Wants to put together a school garden proposal and also for Health Fairs.</p> <p>Mary suggested that campus have CATCH nights where this info could be disseminated. Suggested that Nina join the Wellness commit. Addison also has a great resource for school gardens.</p>	<p>Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair</p>

	<p>Addison: works with a national no-profit, Katy's Crops, that can help partner.</p> <p>Joan: Suggestions for future topics: 1) Menstrual hygiene supplies in bathrooms 2) Foods of minimally nutritional value being provided at schools</p> <p>Belynda: Implementation of the Wellness Policy is the challenge. She would like the mental health component to be in the wellness policy, too.</p> <p>Stacey: Where can we find past policy recommendations?</p> <p>Belynda: There are 3 versions of the Wellness policy on the AISD website.</p> <p>Pat: We make sure all the teachers know what the Wellness policy includes such as minimally nutritional foods, Awareness events etc.</p> <p>Allison: With subcommittees, do we have Standing or AdHoc Subcommittees?</p> <p>Mary: We tried to get all members in a Sub Committee. We do have a Sub Committee for Wellness Policy.</p> <p>Belynda: With all our new, diverse members, we want everyone to read this and send any feedback for updates. We need this to reflect our District better.</p>	
7:03pm	Adjourn	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair

** **Please note the process for public comments on meetings:** Persons wishing to provide public comments will be asked to state their name and acknowledge that they have read the 'Note about public comments' listed below. If more than 5 people wish to speak, the Co-Chair will draw 5 names in random order.*

Note about public comments: Speakers and visitors are expected to provide comments in a respectful manner. If the presiding officer deems a speaker or visitor to be disrespectful, that person may be warned or asked to cease any further comment or behavior. Noncompliance may result in ejection from the meeting.