

# **Austin I.S.D. School Health Advisory Council Meeting**

6:30 p.m. – 8 p.m., Wed., Dec. 1, 2021

Meeting Location: Zoom Videoconference (max 200 participants)

Time	Agenda Item
6:30p	Call to Order
	6:33pm Quorum established
6:35p	Introductions and recognition of guests  10 SHAC Members  Student Rep. Belynda Montgomery Jeff Davis Kelly Tarun Dr. Kimberly Edwards Lisa Flores Mary Renfro Dr. Nick Wagner Susanne Kerns Dr. Swati Avashia  AISD Staff Alana Bejarano, Director of Health Services Jose Serrano, Assistant Director of Health Services Hannah Gehl, Health Services Specialist Christina Shepard, Lead Benefits Ambassador Loree LaChance, Director of Ascension Seton AISD Student Health Services Sundal Ali, Community Equity & Inclusion Coordinator Suzanne Newell, Executive Director of Curriculum and Instruction  Community/Other Dr. Michelle Gallas, Medical Director of Ascension Seton Student Health Services Angelica Benton-Molina Caeyl Ayala Kate Sommerville, Nest Foundation Laura Firebaugh, AHA staff Lauren (unknown last name) Natalie Shoup, Nest Foundation Rachel Dunn
6:40p	Community communications*  Comments are limited to 2 minutes per speaker; 5 speakers max
	Form for written or verbal public commentary shared, no responses
6:50p	Reading and approval of minutes

Belynda Montgomery, motion to approve Lisa Flores, seconded Motion passes unanimously (9 yes; Dr. Avashi late arrival)

### 7:00p | Joint ESAC/SHAC Recommendation Letter

End of the week of November 15th the letter was approved by the Outdoor Health Advisory Committee.

- Lisa Flores brought up concerns about inequity of various schools and concerns about lack of training for volunteers around choking hazards and food allergies. Inequity can impact the number of volunteers available to monitor things.
- Loree Lachance introduced the possibility of additional training for these areas.
- Nick Wagner raised the point that volunteer monitors are not the sole responsible party for these issues.
- Jeff Davis concerned that additional training could deter volunteers, who would hopefully already have some basic competency
- Jen Cregar (ESAC tri-chair) responded by text that there is no additional training and that coverage/training up to individual campuses.
- Student rep. raised their perspective of the reality of the potential danger, as a student with a nut allergy. Admins are already stretched thin as they are currently used as lunch monitors.
- Kelly Tarun spoke from the perspective of a parent with a student with food allergy who feels that current campus by campus policies already mandate where kids with allergies are seated.
- Lisa Flores Concerned kids may lose access to outdoor learning if campus policies puts them in a designated indoor area for ease/safety
- Lisa Flores withdrew discussion around safety clause
- decision to keep letter broad enough, support district-wide commitment to increased outdoor eating and learning

Lisa Flores, motion to approve Nick Wagner, seconded Motion passes unanimously (10 yes)

### 7:10p | Health Update

Introduction of Jose Serrano, new AISD Assistant Director of Health Services

Alana Bejarano, Director of Health Services

- 11 hub testing sites (1 per vertical team)
- 22 Pool testing facilitating new 'test to stay' protocol
- testing strategies are well received

Keeping an eye on new Omicron variant, no new protocols to share as of now

#### 7:20p | **Presentation** – Nest Foundation; Addressing New Health TEKs

Kate Sommerville - Texas Program Manager of NEST

Natalie Shoup - Director of Programs for NEST (based in NY)

- Educating communities in wholistic prevention efforts around sexual exploitation and child/sex trafficking
- Documentary "Playground" was a starting point
- Shared video America the #1 destination of people looking to have sex with children.
- 1 in 4 girls & 1 in 13 boys are victims of sexual abuse before the age of 18
- 3 out of 4 minors who reported were living with the person who was abusing them during quarantine
- Children of color are 4x more likely to be trafficked than white children
- Socialized Risks: harmful masculinities, hypersexualization of young bodies, gender constructs, mis gendering & non representation of LGBTQ, lack of conversations about consent, race/class/gender/economics
- (see attached violence exists in a pyramid)
- NEST helps kids identify risk and critically think / make decisions instead of just being afraid of harm.
- (see video w/educator & student feedback)

## Kate Sommerville

• Health TEKS strands NEST fits within: Mental health & wellness, Injury and violence prevention and safety & Reproductive and Sexual Health.

Curriculum examples shown in slideshow for Middle & High School (also an Elementary pilot)

Invite January 6th 4:30-6:00 CST session for all Texas SHAC members at bit.ly/NestTXSHAC or email kate@nextfoundation.org

Kimberly Avila Edwards Q - How do you protect kids for whom this could be a trigger? A: Can prompt disclosures - Train educators to how to compassionately respond to disclosures & understand mandatory reporting protocols. Trying to work with schools around policies and protocols.

#### Questions in Chat:

Kimbery Avilia - "You mentioned you began implementing this education at Ann Richards. Within how many schools in our district has this curriculum been implemented?"

A: Work with charter and privates schools in Dallas and around Texas -

Sundal Ali: "Does the NEST curriculum use the CDC's risk and protective factors for first time perpetration of sexual violence?"

Natalie response: "We do pay specific attention to prevention/risk of perpetration using standards such as this to really address this in an evidence-based way"

Lisa Flores: "Are your lessons accessible to students with disabilities? Particularly those with IDD?" - A: during covid started virtual workshops. Partnered with Nick Mick

How do you deal with SB9?

- A: Do a lot of work to bring families into the discussions. The way that NEST approaches it is as Healthy Relationships not "sexual violence"

Have other resources through their website with updated resources / portal available to educators.

Work with SAFE & Child Advocacy Centers

A: from Suzanne Newell from AISD perspective around SB9: Taking a look at which lessons are SEL, which are Health, which are Human Sexulaity so they don't have to opt in to lessons that may be in the wrong bucket. May implement a double check process to ensure parents intended to opt out, (vs lost in backpacks)

Loree LaChance: "Do the materials also include anonymous resources, such as stickers that are in public restrooms, so those students who are too afraid to speak out still have options?

A: We are mindful to provide anonymous resources and trying to provide hotlines or referrals to online support that include chat features for students

### 7:50p | Items from members (brief announcements, suggestions for future topics, recognitions, etc.)

Textbook initial meeting Nov 30th. Additional information coming soon.

Swati - Back to the Outdoor learning discussion - Need to look at the choking and food allergy issue as a larger topic, campus wide, not just for outdoor spaces. Need to figure out the proper ratio of trained staff/volunteers on hand.

Kimberly - What are our asks? What exists? Any SHAC members who want to figure out what the need is.

Loree LaChance - Can figure out how many emergency plans are in place & have been distributed. Get a district figure for the number of people who have been trained / meet required legislative levels. Monthly reports can capture district-wide group training and can drill down to individual schools. Can detail which schools already have programs in place.

Alana B. - Epi pens and trained staff in all schools even if no diagnosed food allergies. Can"t mandate CPR training for volunteers but can make it available.

Kelly T recommendation in chat: "I think a really good start would be fully staffed licensed medical personnel at every campus."

Kelly T & Lisa F will work with Alana B & Loree L to compile data and updated the SHAC in January / February

8:00p	Adjourn

3.2.2022 Approved/GV