Austin I.S.D. School Health Advisory Council Meeting

6:30 p.m. – 8 p.m., Wed., Nov. 3, 2021

Meeting Location: Zoom Video Conference (max 200 participants)

Time	
6:30p	Meeting called to order at 6:30pm by Mary Renfro. Roll Call was done by Mary Renfro Dolly Lambdin Kelly Tarun Jeff Davis Dr. Nick Wagner Belynda Montgomery Lisa Flores Dr. Kim Avila Edwards Susanne Kerns Addison M. Mary Renfro Dr. Swati Avashia Piper Nelson Cynthia Soliz Absent: Latasha Davis Michelle Mejia Gina McKinnley Other attendees: Christina Shepard (AISD staff) Stephanie Hebert (AISD staff) Michele Rusnak (AISD staff) Alana Bejarano (AISD staff) Hannah Gehl (AISD Staff) Diane Grodek (AISD Staff) Dr. Twyla Williams (AISD Staff) Leonor Vargas (ASID Staff) Sundal Ali (AISD Staff) Anne Muller (AISD Staff) Loree Lachance (Ascension Seton Student Health Services) Michelle Gallas (Medical Director, Ascension Seton Student Health Services) Mary Priddy (ESAC) Jen Cregar (ESAC) Caryl Ayala Yvonne Castro Jennifer Jones

	Kenneth Giorgi Trip Walker Angelica Benton-Molina Sara Richman Davidow Apryl Canales Rabab Isa Sundal Ali Scott Spivey Jennifer Jones
6:35p	-Trustees invited to speak if present -AISD staff Introduction to Alana Bejerano -Introduction to members that are part of AISD -members and community members
6:40p	Commitment 11.1 © -Commentary from Kate from Nest Kate and Natalie: Nest programming in Texas -Nonprofit '04 Documentary Playground Child Sex Trafficking in the US -Holistic Learning
6:50p	Commitment 10.1 Motion to approve 09/01/2021: regular meeting 09/15/2021: special meeting 10/06/2021: Regular Meeting Made by Alana Bejarano 2nd: Piper Approved: 7 members
7:00p	Piper, Susanne, Alana would like to be tri-secretaries Kim and Mary will email them and provide them a template for the meeting minutes.
7:10p	Introduction to Alana, new Director of Health Services -School Nurse (SHAC different committees) -Alana introduced herself -3 Test choices: Asymptomatic test on 5th day (Rapid and if - then nothing else needs to) -4th day of quarantine and then test

	-10 day quarantine -Mental issues and financial issues caused by quarantine Question: When will AISD provide opportunities for students? -12 and up is in place -As soon as 5-6 providers have it in hand about 11/7-11/8 will start immediately. -Appt or walk-in clinics? Conversations about pediatric clinics and how to maintain a barrier free model? 11 for first dose then get smaller dose then if 3 weeks later if 12 get a larger dose.
7:15p	Commitment 4.1 © -Sign letter and board of trustees -restructure SHAC meetings for the 10 pillars of health -vote on during next meeting -Jen from ESAC -Mary Priddy -Anne Mueller -Diane Grodek -Interested in collaborating with letter Superintendent Elizalde and Board of Trustees -report to superintendent -Virtual Workshop -panel of combination of staff and PTA-->dining efforts -Contract information about how they are willing to help and needing assistance--site visits on campuses -Community perspective and policy piece. -uniform policies -lens equity Lisa Flores: Where does outdoor learning live in policy? Link:https://pol.tasb.org/Policy/Search/1146?filter=sustainability CL Local: An official; approve by board put together by ESAC -emphasis on sustainability -Lower case practice office of school leaderships Meals outside and what percentage Gardens and how many are being used? -constant conversation about district control and principals making control--lack of clear direction massive equity issues for meals and learning able to address it from infrastructure perspective

	Engaging robust -Directly to Gilbert about volunteer policy -Geographic inequity School and director level→ Elementary-- every school can have volunteers for outside cafeteria -Dr. Gilbert Hicks? Associate superintendent -Loree: Will there be other opportunities for construction? or other need for volunteers to work? Student Health Services is looking for community work opportunities for December 20/21st -Don't know if there's for construction of tables; if a campus asked for 30 tables then they may have received first 20 and then will receive 10 for follow up -other opportunities: garden maintenance could put out a request; who has work days -Jen need for outdoor meals volunteer-might be campus that it feeds to -access to outdoor learning and lunch boils down to teacher choice--hidden practices/comfort level How would you know as a parent? How to communicate to parents the teacher's preference? -allowed to do something and is not allowed Mary did share that recess and WOW time are not optional. There might be guidance around heat index (Mary I hope I captured this accurately) Michele: Guidelines created so children are safe. Anne wi Next steps council meets this month and will finalize letter; draft if any changes will let members know and then meet quorum for signing letter -Link to chat is draft letter https://docs.google.com/document/d/12XODv4qrlJAj2cVHVldaWcZfRLK3Knvv/edit -can pull something together for link -read letter if date there is suggested edits and opportunity to commit -Dr. Swati is interested in participation. -Anne Muller--presented to last spring-catalyst additional conversations from SHAC about concern of equity -Ties into Diane's presentation about whole child's health -Questions about kids eating outside -options for almost all schools to eat outside -Hannah thanking ESAC for From Anne lso to clarify- we aren't necessarily advocating for 100 percent of students eating all meals outside, but for all students to have the opportunity to have safer meal time. So for example, a campus that has 50% of students eating outside at a time creates a safer environment for all 100% of students their work
7:45p	-Community Engagement -Health Education -Physical Education and Physical Activity

-Nutrition and Food Services
-Health Services
-Counseling and Mental Health and Social Services
-Social and Emotional Learning
-Physical Environment
-Employee Wellness
-Family Engagement

Susanne Kerns, Stephanie Hebert
Cynthia Soliz
Swathi Avashia
Piper Nelson
Lisa Flores
Belynda Montogomery
Loree LaChance

2 questions: how long (approximately) are the books?
They are not books, they are programs.
It is not 100% of the TEKS. It's a year of health content
REviewing TEA approved sources

and what if the single book we are reviewing for elementary is not good - are there other options? I hope this is not a disrespectful question!

Lisa Flores: Already disability rep--

Piper had hand up?

1 textbook health
2 middle school health
1 high school health
1 high school PE

11/30 introduction meeting for 1 hour of expectations

Depending on elem, middle or high school -
12/7-12/8-12/14 dates
12/16- 1-21st to review 1/22 would get together as committee

February 2nd come to the SHAC
-Parents administrators teachers and curriculum writers
-Superintendent and then school board in march

From the CHAT:
Nov 30 - Introduction/Expectation Zoom meeting (1 hours), 6-7pm
Receive textbooks or digital access to begin looking through leisurely
Dec 7, 8, 14, or 15 (this may change) - Vendor presentation (1-2 hours) depending on grade level and subject

Dec 16 - Jan 21, Committee members will do their textbook evaluations on their own time, using a provided Rubrics (2-4 hours)
Jan 22 - Textbook voting meeting based on public display feedback, teachers' feedback, and textbook committee evaluations (2 hours)
Feb. 2 - Present textbook selection to the SHAC and get their official recommendation to take to the Board (1 hour)
-digital programs/books
(cover 100 % of Health TEKS)--a lot of content to cover all Health TEKS
-TEKS and then state review if they do then it gets put in state list
-not all submitted to TEA in review
Hannah: Electronic textbooks--what if parents don't have access or literacy? Michele is not sure about the answer. Other core textbooks are fine. This is first time since 15 years that this is being reviewed for PE and Health
All vendors on the TEA list were submitted/given a ?
Every child has a device and BLEND
Hannah remember: things need to be usable for everyone:

Text books will be Middle school and HS just not elementary school
Lisa Flores: are the books only in English---they think only

Michele Rusnak announcement: SHAC recommendations K-8 timing for health education. By law we have to offer health education and teach the TEKS. We only teach 5 lessons every 9 weeks at the elementary level.
THere are new TEKS. They are moving to 8 lessons every 9 weeks
They want to increase the time
Currently, we do not offer a middle school health course. Last year Jason wrote a good middle school health course aligned to the old TEKS (easy to realign to new TEKS). Only 3 schools volunteered for the pilot, there is only one who has volunteered this year. Ask: CONSIDER THINKING AOBUT A RECOMMENDATION THAT ALL MIDDLE SCHOOLS SCHOULD OFFER (not all students take it). Michele has a 2pager that will be sent

Standard not to offer or is?

Barriers: Who would teach it? (Staffing Shortages)
PE teacher/Science Teacher and others can teach it as well.
Scheduling is an issue and so is staffing.

States middle school health depends--Dallas bigger district; many that come into district were shocked it didn't come into district; policy says it can be various grade levels with mixture; need to offer enough time;
New Health TEKS would be a good time.

Obesity, Cardiovascular Disease, physical and mental health concerns
Both physical and mental; nutrition services;

Standards--- 6th Grade separate from 7th and 8th grade;

Hs half credit
MS no credit for 7th and 8th grade--would be semester long class

Susanne Kerns, MS Health
Cynthia Soliz ES Health
Swathi Avashia HS Health
Piper Nelson HS Health
Lisa Flores HS PE

	Belynda Montogomery _MS PE Loree LaChance: Administrator Next Steps: 2 pagers with the strands -Would it be an elective? Opportunity for those interested. -Recommendation go through Hannah and Alana -information via email; bring questions Diane Updates: SHAC may want to increase the number of minutes for lunch. Health food takes longer to each. Secondary level it's a line level. Some schools have 30 minutes, some have an hour Leonor in chat: I would like to invite all of you to the upcoming Family Academy....Nov 16th-18th....Thank you in advance for promoting: https://drive.google.com/drive/u/0/my-drive Christina Shepard update: (Staff Wellness Update) 2022 open enrollment closed on Saturday. Lots of participation. Usually 500 do not complete enrollment, this year it was only 300! Shout out to the benefits office 100-1300 is usual 2100 was the number of calls during the last month Wellness items; List of flu shot clinics for employees scheduled for campuses. Several are scheduled and others will be scheduled. This is in partnership with HEB Wellness challenge: Sweater challenger--activity minutes. So far 2 sesion with Camp Gladiator also included ($125 value) Question from Hannah: Are HEB still hosting requests? YEs--send another principal request HEB reached out to each campus at least once. Christina will follow up with Jaime. EMails for preferences for what preferences they have. Screen share for the different pillars:If there are any preferences you have please email them to Hannah.
8:00p	Meeting adjourned 8:02pm

Approved 12.1.21 - GV