

LUCY READ PRE-K CENTER

2017-2018 COORDINATED SCHOOL HEALTH REPORT

Principal: Ami Cortes-Castillo
Physical education teacher: NA
CSH team member: Erika Arenivas

Results

Coordinated School Health (CSH) Program implementation data were collected from each Austin Independent School District (AISD) campus in Spring 2018. The results indicated that Lucy Read Pre-K Center received a rating of **Unacceptable** for the CSH Program implementation in 2017–2018. Campus results will be reflected in the District’s strategic scorecard and the House Bill 5 ratings, i.e., the School District Evaluation of Performance in Community and Student Engagement for wellness and physical education (TEC §46 (C) 39.0545).

CSH IMPLEMENTATION SUMMARY	2016-2017 SCORE/RATING	2017-2018 SCORE/RATING
Total achieved (of 10) required	11	9
Total achieved (of 51) supplemental	43	40
Coordinated School Health Rating	Exemplary	Unacceptable

Source. 2018 AISD CSH Program Report

The rating scale² was based on identified activities that support coordinated school health efforts. There were 10 required and 51 supplemental opportunities for Lucy Read Pre-K Center to meet or exceed the AISD CSH Program standards. All campuses submitted enough data to be rated. Lucy Read Pre-K Center achieved 9 required and 40 supplemental items during the 2017–2018 school year.

AISD campuses are encouraged to use their results to set goals for their Campus Improvement Plan.

Dobie Pre-K and Lucy Read rating scale: unacceptable – achieved less than the 10 required items; acceptable – achieved all 10 required and 16 or fewer supplemental items; recognized – achieved all 10 required and 17-31 supplemental items; exemplary – achieved all 10 required and 32 or more supplemental items

Elementary school rating scale: unacceptable – achieved less than the 19 required items; acceptable – achieved all 19 required and 25 or fewer supplemental items; recognized – achieved all 19 required and 26-48 supplemental items; exemplary – achieved all 19 required and 49 or more supplemental items

Coordinated School Health Item Implementation Inventory

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
Implementation of PE		
* All PE teachers followed the district PE curriculum and assessments.	Yes	100%
Other (please specify): <i>PK teacher provide PE</i>	Yes	48%
CSH Planning		
*The principal established a CSH team.	Yes	99%
The principal identified a CSH chair.	Yes	99%
The CSH team included at least one administrator.	Yes	93%
Campus leadership identified funds to purchase and maintain CSH equipment for the classroom teachers to use during WOW time.	Yes	93%
Other (please specify): <i>NA</i>	Yes	39%
How many times did the CSH team meet this year?	4 or more times	(See Figure 1)
* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus. <i>Note.</i> Only items relevant to Dobie Pre-K and Lucy Read are presented.		

Figure 1

The majority of Elementary and Pre-K Coordinated School Health teams met **4 or more times** this year.



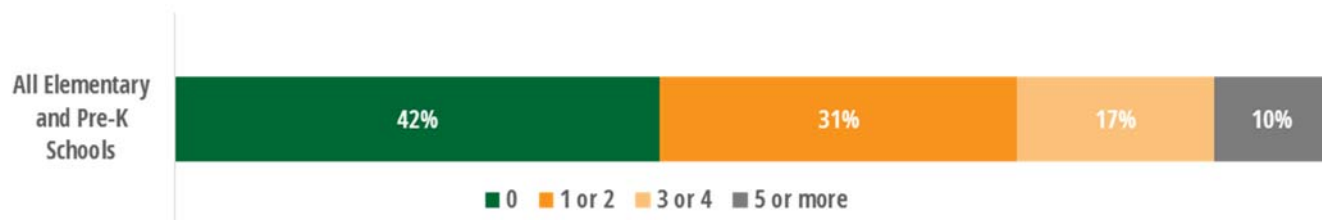
Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
CSH Implementation		
* Campus students and staff participated in the Health and PE Department's district-wide activity for CSH Kick-Off Week in September.	No	99%
Campus students and staff participated in Red Ribbon Week in November.	No	93%
Campus students and staff participated in Healthy Heart Week in February.	Yes	98%
Campus students and staff participated in School Breakfast Week in March.	Yes	87%
Campus staff hosted at least one CATCH/Family Fun Fitness Night.	Yes	100%
The PE Department Chair or the CSH team provided information or training for all classroom teachers/staff regarding this year's CSH initiatives for their campus.	Yes	90%
Other (please specify): <i>NA</i>	Yes	43%

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
Health Lessons		
* All classroom teachers followed the district's Health curriculum.	Yes	96%
Other (please specify): <i>NA</i>	Yes	30%
Working Out for Wellness (WOW)		
* All classroom teachers provided 30 minutes of recess daily.	Yes	100%
The CSH Chair provided information to all staff about how to participate in Marathon Kids.	Yes	99%
Campus staff provided WOW activities inside during inclement weather.	Yes	100%
Other (please specify): <i>NA</i>	Yes	37%
Nutrition		
* Healthy options were available when food/beverages were provided to teachers/staff during meetings (i.e. faculty meetings and professional development days).	Yes	100%
* The students had access to healthy foods/beverages when food and beverages were provided at campus events during the school day.	Yes	100%
* The campus staff refrained from providing students access to Foods of Minimal Nutritional Value (FMNV) (including candy or food rewards) during the school day unless stated in a student's IEP.	Yes	94%
* The campus refrained from selling food or beverages for any fund-raising activity during the school day (i.e., there were no food sales from 30 min before the bell until 30 minutes after the bell).	Yes	98%
* Students and parents had access to healthy foods when food and beverages were served at after-school events/activities.	Yes	99%
The campus developed additional guidelines concerning birthday celebrations (i.e. the number of celebrations per month and a certain time to celebrate) so as not to interfere with instructional time.	Yes	92%
The campus provided integrated nutrition education-based opportunities (i.e. school garden, farm stand, farm to work, cooking classes, etc.)	Yes	95%
Other (please specify): <i>NA</i>	Yes	44%
How many food-related fundraisers did your campus staff sponsor outside the school day this year?	0	(See Figure 2)
* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.		
<i>Note. Only items relevant to Dobie Pre-K and Lucy Read are presented.</i>		

Figure 2

Only 41% of the Elementary and Pre-K schools **refrained from sponsoring** food-related fundraisers at their school this year.

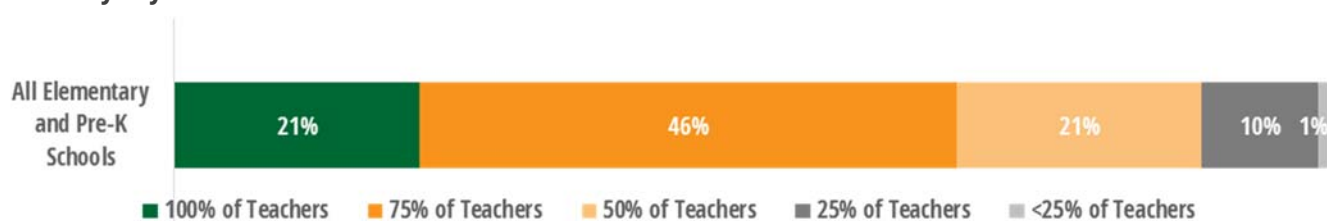


Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
Brain Breaks		
The CSH chair provided staff training this year on how to implement Brain Breaks and locate Brain Break and GoNoodle resources.	Yes	92%
At least 1 brain break goal was identified in the Campus Improvement Plan.	No	77%
Brain break activities were provided at faculty meetings throughout the school year.	Yes	87%
Other (please specify): <i>NA</i>	Yes	39%
Approximately what percentage of classroom teachers are registered and using Go Noodle activities at least one time every day?	75%	(See Figure 3)
<i>Note. Only items relevant to Dobie Pre-K and Lucy Read are presented.</i>		

Figure 3

At 21% of Elementary and Pre-K campuses, 100% of teachers were registered and using Go Noodle activities at least one time every day.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
Other Physical Activity Opportunities		
The campus provided before-school physical activity opportunities (i.e. running club, open gym, or Go Noodle).	No	58%
The campus provided after-school physical activity opportunities (i.e. running club or open gym).	No	92%
Other (please specify):	No	58%
School Health Environment		
Campus staff posted nutrition information in the school hallways and cafeteria throughout the school year.	Yes	99%
Campus staff posted physical activity information in the school hallways throughout the school year.	Yes	95%
Campus staff sent nutrition and physical activity information to parents.	Yes	93%
Campus staff posted nutrition and physical activity information on the campus website.	No	73%
Other (please specify): <i>NA</i>	Yes	49%

Note. Only items relevant to Dobie Pre-K and Lucy Read are presented.

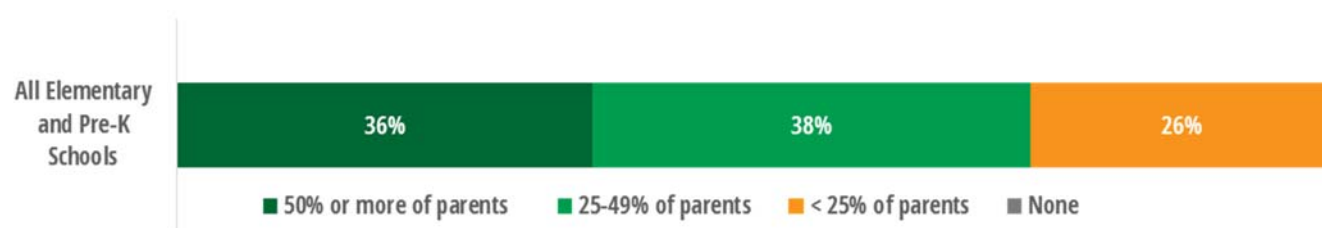
Parent and Community Participation	Lucy Read Response	% Yes at All Elementary and Pre-K Schools
Campus has a Healthy Lifestyle chairperson as an identified position on their PTA.	No	63%
There was at least one parent on the CSH team.	Yes	75%
Other (please specify): <i>NA</i>	Yes	36%
Approximately how many parents participated in the CATCH/Family Fun Night at your campus?	50% or more of parents	(See Figure 4)
What percentage of K-5 students completed the equivalent of one marathon?	Fewer than 25%	(See Figure 5)
What percentage of K-5 students completed the equivalent of two marathons?	Fewer than 25%	(See Figure 5)
What percentage of K-5 students completed the equivalent of three marathons?	Fewer than 25%	(See Figure 5)
What percentage of K-5 students completed the equivalent of four marathons?	Fewer than 25%	(See Figure 5)

* All items with an asterisk were required by the AISD Department of Physical Education and Health to be implemented at each campus.

Note. Only items relevant to Dobie Pre-K and Lucy Read are presented.

Figure 4

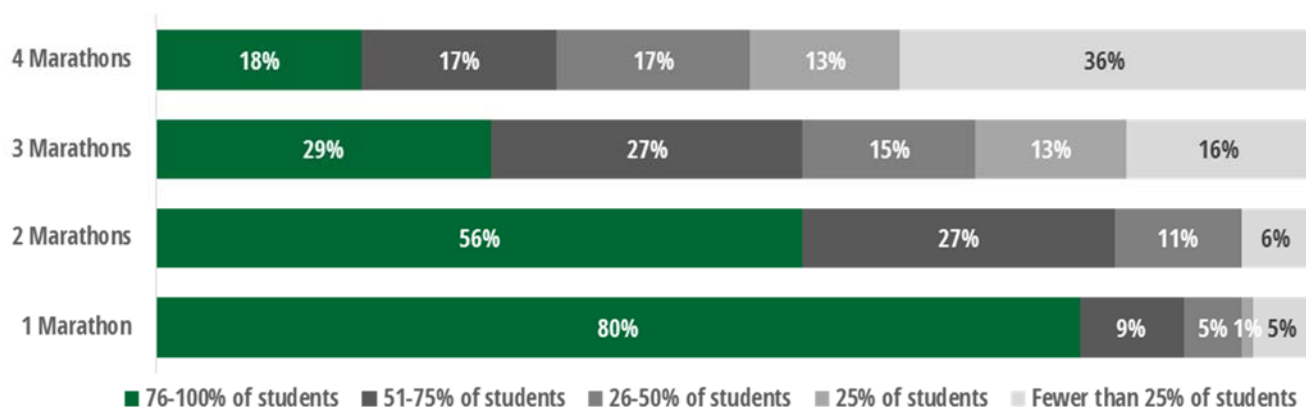
At the majority of campuses, 25% or more of parents participated in the CATCH/Family Fun Night at their campus.



Source. 2017-2018 Coordinated School Health data collection. All percentages are rounded to the nearest whole number.

Figure 5

The majority of students across AISD Elementary and Pre-K schools completed at least one marathon, and 18% of schools reported that 76-100% of their students completed the equivalent of 4 marathons.



Source. 2016-2017 Elementary Coordinated School Health data collection. All percentages are rounded to the nearest whole number.



PLEASE SHARE ANYTHING ELSE YOUR CAMPUS DID TO SUPPORT CSH OR WHOLE CHILD THAT YOU WOULD LIKE TO TELL US ABOUT:

NA

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June 2018

Publication 17.24 RB 2.4

