

# AISD Social and Emotional Learning (SEL) Skills Survey: Results for 2016

## BEDICHEK

In partnership with the Collaborative for Academic, Social, and Emotional Learning (CASEL), and as part of AISD's participation in CASEL's Collaborating Districts Initiative (CDI), AISD middle and high school students participate in a self-assessment of their SEL skills. This report shows the percentage of students who indicated the 20 skills were 'very easy' or 'easy' for them to do. SEL competencies are included in parentheses.

Participants by survey type	BEDICHEK	MS	Participants by grade+	BEDICHEK	%
Online	759	2,240	6	220	29%
Paper	2	8,561	7	262	34%
Total	761	10,801	8	278	37%
% online	100%	21%			

+ Because students self-selected their grade, some students left this item blank on the paper survey.

### How easy or difficult are the following for you:

	BEDICHEK	ALL MS
	2016	2016
Knowing the emotions I feel.* (self-awareness)	81%	81%
Knowing ways to calm myself down. (self-awareness)	72%	77%
Knowing what my strengths are. (self-awareness)	79%	84%
Knowing when my feelings are making it hard for me to focus. (self-awareness)	78%	79%
Being patient even when I am really excited. (self-management)	65%	77%
Finishing tasks even if they are hard for me. (self-management)	66%	68%
Setting goals for myself. (self-management)	83%	81%
Doing my schoolwork even when I do not feel like it. (self-management)	64%	66%
Getting prepared for tests. (self-management)	63%	67%
Getting through something even when I feel frustrated. (self-management)	62%	63%
Learning from people with different opinions than me. (social awareness)	76%	78%
Knowing what people may be feeling by the look on their face. (social awareness)	83%	83%
Knowing when someone needs help. (social awareness)	86%	86%
Knowing how to get help when I'm having trouble with a classmate. (social awareness)	73%	77%
Respecting a classmate's opinions during a disagreement. (relationship skills)	78%	80%
Getting along with my classmates. (relationship skills)	80%	85%
Talking to an adult when I have problems at school. (relationship skills)	57%	62%
Thinking about what might happen before making a decision. (responsible decision making)	69%	75%
Knowing what is right or wrong. (responsible decision making)	88%	90%
Saying "no" to a friend who wants me to break the rules. (responsible decision making)	80%	82%

Response options ranged from 'very easy' to 'very difficult.'

\* Due to a printing error, this item was excluded on the paper survey. Blank cells indicate fewer than 10 responses.

This section of the report describes students' responses to 2016 SEL skills items based on their ethnicity and gender. The table below provides the number of students who responded to the SEL skills survey from each student group. Blank cells indicate fewer than 10 students.

## Number of participants by student group

Hispanic	630
White	54
African American	41
Male	374
Female	381

## How easy or difficult are the following for you:

	BEDICHEK				
	Hispanic	White	African American	Male	Female
Knowing the emotions I feel.* (SEA)	83%	65%	85%	87%	75%
Knowing ways to calm myself down. (SEA)	73%	65%	70%	76%	69%
Knowing what my strengths are. (SEA)	80%	77%	75%	84%	76%
Knowing when my feelings are making it hard for me to focus. (SEA)	77%	81%	82%	82%	73%
Being patient even when I am really excited. (SM)	65%	59%	68%	68%	62%
Finishing tasks even if they are hard for me. (SM)	65%	65%	73%	67%	66%
Setting goals for myself. (SM)	84%	81%	74%	83%	84%
Doing my schoolwork even when I do not like it. (SM)	63%	58%	72%	63%	65%
Getting prepared for tests. (SM)	63%	58%	67%	64%	61%
Getting through something even when I feel frustrated. (SM)	63%	52%	62%	67%	58%
Learning from people with different opinions than me. (SOA)	76%	74%	78%	75%	77%
Knowing what people may be feeling by the look on their face. (SOA)	83%	80%	83%	82%	85%
Knowing when someone needs help. (SOA)	87%	81%	78%	84%	88%
Knowing how to get help when I'm having trouble with a classmate. (SOA)	73%	66%	69%	75%	70%
Respecting a classmate's opinions during a disagreement. (RS)	78%	74%	78%	77%	78%
Getting along with my classmates. (RS)	82%	67%	75%	82%	80%
Talking to an adult when I have problems at school. (RS)	58%	39%	54%	60%	54%
Thinking about what might happen before making a decision. (RDM)	70%	63%	71%	68%	70%
Knowing what is right or wrong. (RDM)	89%	87%	82%	87%	89%
Saying "no" to a friend who wants me to break the rules. (RDM)	80%	85%	67%	79%	81%

\* Due to a printing error, online responses are included when the number of responses was greater than 10.

SEA = self-awareness; SM = self-management; SOA = social awareness; RS = relationship skills; RDM = responsible decision making.