

Pasos para inscribirse en el navegador de Aetna y completar la evaluación de riesgo médico

Paso 1. Visite www.aetn navigator.com y seleccione *Register now* para registrarse bajo la sección de nuevo usuario llamada *First Time User*



The screenshot shows the Aetna Member Log In page. It features a white background with a teal border. At the top, the text "Member Log In" is displayed. Below this, there are two input fields: "User name" and "Password". Each field has a corresponding "tips" link. A teal button labeled "Secure log in" is positioned below the password field. Below the button, there is a link for "Forgot user name or password?". A section titled "First-time users" in pink text provides instructions: "Please sign up for an account. You will create a user name and password." Below this section is a teal button labeled "Register now", which is highlighted by a large red arrow. At the bottom of the page, there is a link for "Take a tour".

Paso 2. Llene todas las áreas en la sección de información personal llamada *Personal Information*. Usted puede registrarse con el número de membresía que está en su tarjeta de seguro o con su número de seguro social.

The screenshot shows the Aetna Navigator new user registration interface. At the top, the Aetna logo is on the left, and the text "Aetna Navigator® new user registration" is on a green bar. Below this, three circular progress indicators are shown: "Step 1 of 3" (active), "Step 2 of 3" (current), and "Step 3 of 3". The main heading is "Personal info".

Below the heading is a registration form with the following fields and options:

- *required** (in red text)
- Sign up using my:** Member ID, Social Security number
- *Member ID:** [Text input field]
Find your member ID on your ID card, welcome letter, or any claims related EOB that you received from us. We can help you find your member ID
- *Full first name:** [Text input field]
- *Full last name:** [Text input field]
- *Date of birth:** Month [dropdown], Day [dropdown], YYYY [text input]
- Zip Code:** [Text input field]
- Email:** [Text input field]
- Verify email:** [Text input field]

At the bottom of the form, there is a note: "We will not share your email with anyone without your permission." Below the form is a blue "Continue" button.

Paso 3: Para terminar de registrarse puede crear su nombre de usuario en la sección *username* y su contraseña en la casilla llamada *password*



Aetna Navigator® new user registration

Your account info



Use this account even if you have changed jobs or have a different insurance plan with us.

But, if you've changed from being a plan subscriber (the person who pays the premium) to a dependent (the person covered by the subscriber's insurance) or from dependent to subscriber, you must sign up for a new account.

Enter your user name:

Enter your password:

[Forgot your password?](#)

Log in

Paso 4. Una vez registrado en su cuenta del navegador de Aetna, haga clic en *“Take my Health Assessment”* en el menú a mano izquierda para completar la evaluación de riesgo médico.

The screenshot shows the Aetna website interface. At the top, there is a navigation bar with links for Messages, Your Profile, Contact Us, Site Map, En español, and Logout. Below this is a search bar with the text 'Type your question here' and a button labeled 'Ask Ann'. The main navigation menu includes Home, Coverage & Benefits, Claims, Care & Treatment, Health Records, Health Programs, and Aetna Pharmacy. A user login notification states 'You are logged in as MELODY D CARLTON'.

The left sidebar menu, titled 'I want to...', contains the following options:

- Compare test, procedure and doctor costs with Ask Ann
- Find a Doctor, Dentist or Facility
- View Deductibles & Plan Limits
- View/Print an ID Card
- View Personal Health Record
- Take a Health Assessment** (highlighted with a red arrow)
- Order Medications
- Check my Pharmacy Order Status
- Estimate Drug Costs
- Find a Form
- More...

The main content area features a welcome message: 'Welcome to your secure Aetna Navigator® website.' Below this is a section titled 'Find a doctor in your network' with a sub-header 'Find a doctor in your network' and a description: 'Use our [online provider directory](#) to look up doctors, dentists and health care facilities in your plan. You can easily search by name, location or specialty. And it's updated regularly for best results.' To the right of this text is an image of a doctor in a white coat talking to a patient.

Below the doctor image are two main sections:

- Your Health Care Costs**: A section with a green header. It includes the text 'Save money by using [Member Payment Estimator](#) to compare cost estimates for health care services based on your health plan.' Below this is a table showing hospital costs:

HOSPITAL	Cost
HOSPITAL 1	\$ 386
HOSPITAL 2	\$ 477
HOSPITAL 3	\$ 812

Below the table is a button labeled 'Member Payment Estimator' with a right-pointing arrow. A link below that reads 'Get more cost and quality information'.

- Your Claims**: A section with a green header. It contains a form with the following fields:

- Member Name: MELODY (You) (dropdown menu)
- Type of Claim: Medical (dropdown menu)
- Dates: Last 365 Days (dropdown menu)

Below the form is a button labeled 'View claims' with a right-pointing arrow. A link below that reads 'View your Explanation of Benefits'.

At the bottom of the page, there are three promotional banners:

- Ask Ann Virtual Assistant**: A banner featuring a woman's face and the text 'Ask Ann Virtual Assistant' with a button 'Ask a question' and a link 'Send us an e-mail'.
- Stressed or Depressed?**: A banner with a woman's face and the text 'Stressed or Depressed? Take a self-test, find tools to cope.' with a left-pointing arrow.
- Making decisions about your health?**: A banner with a hand holding a pill and the text 'Making decisions about your health? Learn more about'.
- Connect at PatientsLikeMe**: A banner with a family photo and the text 'Connect at PatientsLikeMe Learn from the health experiences' with a right-pointing arrow.

Paso 5. Esto lo llevará a su tablero de salud en donde le debe hacer clic en *Launch My Health Assessment* para iniciar la evaluación.

aetna[®]
Health Dashboard for Su nombre aquí

Member Home Frequently Asked Questions My Profile Home Log Out

Quick Links

- Online Health Programs
- Personal Health Record
- Health Decision Support from Emmi
- PatientsLikeMe[®]
- Find a Doctor
- Healthwise[®] Knowledgebase
- Emotional Health

Health Assessment

Take a quick questionnaire and learn more about your health.

[Launch My Health Assessment](#)

You last completed your Health Assessment on September 12, 2016, at 1:05 a.m.

Alerts & Tasks

Please be sure to discuss urgent health alerts with your doctor.

You do not have any active alerts.

Check here for other ways to improve your health, like reminders about overdue tests.

Task	Importance
Get the Tdap vaccine	★★★
Eat a healthier diet	★
Lower your stress	★

3 items

Online Health Programs

Our online programs can guide you to improve your health or better manage a chronic condition.

[Launch My Programs](#)

Health Decision Support from Emmi

Need help understanding medical conditions, treatments or surgery options? Choose a topic and view the program to learn more in minutes.

[View Health Topics](#)

Vitals

	Current	Source
Weight	126 lbs	Claims
Height	5 ft 5 in	Claims

Goals & Accomplishments

Goals Accomplishments

[Add Goal](#)

We haven't received any goals from you yet. You can add and update your health goals at any time.

Paso 6. Haga clic en la casilla 1. *Complete your Compass* para comenzar con la evaluación de salud compass.

aetna

Logout ME

Welcome, MELC _ .

We're excited to be your partner on your journey to better well-being. To help guide you, we've created a small-steps approach that has led many—like you—to success. We'll provide you lots of options for small changes. Reminders will help keep you on track, and additional tools will help gauge your progress along the way. Ready? Let's get started.

- 1**
Complete your Compass
Take just 15 minutes to complete this health assessment—and benefit from personalized health information.
- 2**
Follow your HealthMap
Your path to better health is unique. From eating better and getting more active, it's all possible here.
- 3**
Embark on a Journey
Want to eat healthier? Sleep better? Move more? Find a Journey that suits you and take one small step at a time.

¿Prefiere español? Haga clic [aquí](#) para cambiar su preferencia de idioma.

Your To Do List

- Complete **Find your core motivation** in Strengthen Your Core Committed 4 months ago

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Paso 7. Una vez que haya terminado su evaluación de salud. Explore que camino saludable le gustaría seguir.

- Los empleados del AISD que terminen la evaluación de salud, serán inscritos en una **rifa de primer nivel** para recibir grandiosos premios.
- Los empleados del AISD que completen su evaluación de salud Y por lo menos 1 de los caminos saludables serán incluidos en una rifa de segundo nivel **¡con premios aún más grandes!**