The purpose of book studies is to read and discuss subject matter that is related to content areas or pedagogy. The ultimate goal of the book study is to increase staff members’ content and/or pedagogical knowledge to assist all students in reaching high levels of achievement. The book study should include 2-3 meetings totaling 3 hours for 3 CPE credits. The credits are for the discussion, not time spent reading the book.

Whole child book studies recommendations:

- Culturally Responsive Teaching and the Brain (Hammond)
- Helping Children Succeed (Tough)
- Better than Carrots or Sticks: Restorative Practices for Positive Classroom Management (Smith, Fisher & Frey)
- The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in your Child (Siegel & Bryson)
- The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind (Siegel & Bryson)
- No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind (Siegel & Bryson)
- Conscious Discipline (Bailey)
- Neurodiversity in the Classroom (Armstrong)
- Brainstorm: The Power and Purpose of The Teenage Brain (Siegel)
- This is Not a Test: A New Narrative on Race, Class, and Education (Vilson)
- Mindset: The New Psychology of Success (Dweck)
- Teach, Breathe, Learn: Mindfulness in and out of the Classroom (Srinivasan)
- Happy Teachers Change the World: A Guide for Cultivating Mindfulness in Education (Hanh & Weare)