

AISD School Mental Health Centers

All AISD School Mental Health Centers (SMHCs) operate through an innovative collaboration between AISD Comprehensive Health and Mental Health and Vida Clinic. Each School Mental Health Center is staffed by full time licensed clinical therapists who provide individual, group and family counseling. All campuses offer bilingual services and work through a culturally inclusive lens.

All AISD School Mental Health Centers (SMHCs) provide clinical assessments, crisis support, family counseling, ongoing individual therapy, as well as collaboration with school staff and community providers.

MS & HS Locations

Anderson High School
Austin High School
Bedichek Middle School
Bowie High School
Burnet Middle School
Crockett Early College High School
Dobie Middle School
Eastside Memorial Early College High School
International High School
Lively Middle School
Garcia YMLA
Navarro Early College High School
LBJ Early College High School
LASA High School
Martin Middle School
McCallum High School
Murchison Middle School
Northeast Early College High School
Sadler Means YWLA
Travis Early College High School

Partner Agencies



Austin Independent School District Comprehensive Health & Mental Health

Alexandra Copeland, M.S. – Director
512-414-0555
alexandra.copeland@austinisd.org

Shechem Sauls – School Mental Health Coordinator
713-256-3839
shechem.sauls@austinisd.org



Vida Clinic

Elizabeth Minne, Ph.D. – Executive Director
512-518-2209
liz@vidaclinic.org

Laura Rifkin, LCSW – Director of Program Development
512-518-2209
laura@vidaclinic.org

All School Mental Health Centers provide services year-round. SMHCs will follow campus hours, with some flexibility to accommodate parents' schedules when possible.

For information on receiving services, contact your child's counselor or administrator. You may also contact the SMHC that is most convenient for your family. **Parental consent is required prior to receiving services.**

