

AISD School Mental Health Centers

Secondary School Mental Health Centers (SMHCs) operate through an innovative collaboration between AISD Comprehensive Health and Mental Health, and Vida Clinic. Originating in 2012, the school-based therapy program has expanded to a total of 43 campuses (23 elementary, 20 secondary). Each mental health center is staffed by full time licensed clinical therapists who provide individual, group and family counseling, as well as collaboration with school staff and community providers. All campuses offer bilingual services and work through a culturally competent lens. Similar to a therapist's office in the community, each school provider bills services through provided insurance, if available. However, no family will be turned away due to inability to pay. All therapy sessions occur conveniently at your student's school with parental consent.

MS & HS Locations

Anderson High School
Austin High School
Bedichek Middle School
Bowie High School
Burnet Middle School
Crockett High School
Dobie Middle School
Eastside Memorial
International High School
Fulmore Middle School
Garcia YMLA
Lanier High School
LBJ High School
LASA High School
Martin Middle School
McCallum High School
Murchison Middle School
Reagan High School
Sadler Means YWLA
Travis High School

Partner Agencies



Austin Independent School District
Comprehensive Health & Mental Health

Tracy Spinner, M.Ed. – Director
512-414-9778
tracy.spinner@austinisd.org

Shechem Sauls – School Mental Health Coordinator
713-256-3839
shechem.sauls@austinisd.org



Vida Clinic
Elizabeth Minne, Ph.D. – Executive Director
512-414-7820
liz@vidaclinic.org

Laura Rifkin, LCSW – Asst. Dir of School Based Services
512-414-7918
laura@vidaclinic.org

All School Mental Health Centers provide services year-round. SMHCs will follow campus hours, with some flexibility to accommodate parents' schedules when possible.

For information on receiving services, contact your child's counselor or administrator. You may also contact the SMHC that is most convenient for your family. **Parental consent is required prior to receiving services.**

