

FOOD ALLERGY & ANAPHYLAXIS EMERGENCY CARE PLAN

Name:	D.O.B.:	PLACE
Allergic to:		PICTURE HERE
Weight:Ibs. Asthma:	ection) 🗆 No	
History of anaphylaxis: ☐ Yes ☐ No	l	
NOTE: Do not depend on antihistamines or inhalers (bronchodilato	ors) to treat a severe reaction. USE EPINEPHRI	NE.
FOR ANY OF THE FOLLOWING: SEVERE SYMPTOMS	MILD SYMPTOMS	
LUNG Shortness of breath, wheezing, repetitive cough SKIN Many hives over body, widespread LUNG Shortness of breath, wheezing, repetitive cough SKIN Many hives over body, widespread COMBINATION OTHER Feeling Something bad is Formula is a company to the co	NOSE Itchy or runny nose, sneezing FOR MILD SYMPTOMS FROM MOR SYSTEM AREA, GIVE EPINEPHRINE A FOR MILD SYMPTOMS FROM A SIN AREA, FOLLOW THE DIRECTION 1. Antihistamines may be given, if order healthcare provider. 2. Stay with the person: alert emergen	nausea or discomfort E THAN ONE AND CALL 911. IGLE SYSTEM S BELOW: ered by a
redness diarrhea about to happen, anxiety, confusion	 Stay with the person; alert emergen Watch closely for changes. If symptogive epinephrine and call 911. 	=
 ADMINISTER EPINEPHRINE IMMEDIATELY. Call 911. Tell emergency dispatcher the person is having anaphylaxis and may need epinephrine when emergency responders arrive. Consider giving additional medications following epinephrine: 	☐ If this box is checked by the child's physician, the child has an extremely severe allergy to and should be given epinephrine at the first sign of any symptoms, even if mild.	
 Antihistamine Inhaler (bronchodilator) if wheezing Lay the person flat, raise legs and keep warm. If breathing is difficult or they are vomiting, let them sit up or lie on their side. If symptoms do not improve, or symptoms return, more doses of epinephrine can be given about 5 minutes or more after the last dose. Alert emergency contacts. Transport patient to ER, even if symptoms resolve. ADDITIONAL PHYSICIAN COMMENTS	MEDICATIONS/DOSES Epinephrine Brand or Generic: Epinephrine Dose: □ 0.1 mg IM (intramuscular) □ 0.15 mg IM □ 0.3 mg IM □ 1 mg IN (intranasal) □ 2 mg IN Antihistamine Brand or Generic: Antihistamine Dose: □ Other (e.g., inhaler-bronchodilator if wheezing): □	
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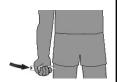
HOW TO USE AUVI-Q® (EPINEPHRINE INJECTION, USP), KALEO

- 1. Remove Auvi-Q from the outer case. Pull off red safety guard.
- 2. Place black end of Auvi-Q against the middle of the outer thigh.
- 3. Press firmly until you hear a click and hiss sound, and hold in place for 2 seconds.
- 4. Call 911 and get emergency medical help right away.



HOW TO USE EPIPEN®, EPIPEN JR® (EPINEPHRINE) AUTO-INJECTOR AND EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF EPIPEN®), USP AUTO-INJECTOR, VIATRIS AUTO-INJECTOR, VIATRIS

- 1. Remove the EpiPen® or EpiPen Jr® Auto-Injector from the clear carrier tube.
- 2. Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, remove the blue safety release by pulling straight up.
- 3. Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- 4. Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.



HOW TO USE IMPAX EPINEPHRINE INJECTION (AUTHORIZED GENERIC OF ADRENACLICK®), USP AUTO-INJECTOR, AMNEAL PHARMACEUTICALS

- Remove epinephrine auto-injector from its protective carrying case.
- 2. Pull off both blue end caps: you will now see a red tip. Grasp the auto-injector in your fist with the red tip pointing downward.
- 3. Put the red tip against the middle of the outer thigh at a 90-degree angle, perpendicular to the thigh. Press down hard and hold firmly against the thigh for approximately 10 seconds.
- 4. Remove and massage the area for 10 seconds. Call 911 and get emergency medical help right away.

HOW TO USE TEVA'S GENERIC EPIPEN® (EPINEPHRINE INJECTION, USP) AUTO-INJECTOR, TEVA PHARMACEUTICAL INDUSTRIES

- 1. Quickly twist the yellow or green cap off of the auto-injector in the direction of the "twist arrow" to remove it.
- 2. Grasp the auto-injector in your fist with the orange tip (needle end) pointing downward. With your other hand, pull off the blue safety release.
- 3. Place the orange tip against the middle of the outer thigh at a right angle to the thigh.
- 4. Swing and push the auto-injector firmly into the middle of the outer thigh until it 'clicks'. Hold firmly in place for 3 seconds (count slowly 1, 2, 3).
- Remove and massage the injection area for 10 seconds. Call 911 and get emergency medical help right away.

ADMINISTRATION AND SAFETY INFORMATION FOR ALL AUTO-INJECTORS:

- 1. Do not put your thumb, fingers or hand over the tip of the auto-injector or inject into any body part other than mid-outer thigh. In case of accidental injection, go immediately to the nearest emergency room.
- 2. If administering to a young child, hold their leg firmly in place before and during injection to prevent injuries.
- 3. Epinephrine can be injected through clothing if needed.
- 4. Call 911 immediately after injection.

HOW TO USE NEFFY® (EPINEPHRINE NASAL SPRAY)

- 1. Remove neffy from packaging. Pull open the packaging to remove the neffy nasal spray device.
- 2. Hold device as shown. Hold the device with your thumb on the bottom of the plunger and a finger on either side of the nozzle. Do not pull or push on the plunger. Do not test or prime (pre-spray). Each device has only 1 spray.
- 3. Insert the nozzle into a nostril until your fingers touch your nose. Keep the nozzle straight into the nose pointed toward your forehead. Do not point (angle) the nozzle to the nasal septum (wall between your 2 nostrils) or outer wall of the nose.
- 4. Press plunger up firmly until it snaps up and sprays liquid into the nostril. Do not sniff during or after the dose is given. If any liquid drips out of the nose, you may need to give a second dose of neffy after checking for symptoms. Call 911 immediately after first use.
- 5. If symptoms don't improve or worsen within 5 minutes of initial dose, administer a second dose into the same nostril with a new neffy device.

Treat the person before calling emergency contacts. The first signs of a reaction can be mild, but symptoms can worsen quickly.

EMERGENCY CONTACTS — CALL 911		OTHER EMERGENCY CONTACTS		
RESCUE SQUAD:		NAME/RELATIONSHIP:	_ PHONE:	
DOCTOR:	_ PHONE:	NAME/RELATIONSHIP:	PHONE:	
PARENT/GUARDIAN:	_ PHONE:	NAME/RELATIONSHIP:	_ PHONE:	