Allergy and Anaphylaxis Management

Austin ISD’s allergy and anaphylaxis management plan was developed to care for students with a diagnosed or undiagnosed potentially life-threatening allergy at risk for anaphylaxis, a life-threatening allergy response. Anaphylaxis is a serious immune-mediated response that develops after ingesting or coming in contact with allergens such as foods, insect stings, latex, or medications. Anaphylaxis may occur within minutes and up to 2 hours after exposure to an allergen. This Plan is in compliance with Texas S.B. 27 and S.B 66.

To address the adverse outcomes for the student with an undiagnosed life-threatening allergy, and through a partnership between Dell Children’s Medical Center and AISD, the EpiPens in Schools program will be implemented at the start of SY15/16. This program will result in the placement of unassigned epinephrine auto-injectors at each campus. The epinephrine auto-injectors are available for use by any employee who identifies a student exhibiting a life-threatening anaphylactic reaction. The Austin ISD School Board approved the policy, FFAC on Allergies and Anaphylaxis Management, on July 27, 2015.

The basis of the procedure and protocol is to:

- Identify the student with life-threatening allergies at risk for anaphylaxis, through parent input;
- Develop plans and strategies to ensure a safe learning environment for the student;
- Identify the specific responsibilities of the student, parent, AISD and Student Health Services staff in creating the safe learning environment for the student with identified life-threatening allergies;
- Identify the specific responsibilities of AISD and Student Health Services staff in addressing anaphylaxis in the student with undiagnosed life-threatening allergies.

Responsibilities:

I. **Student Health Services (RN and School Health Assistant):**
   a. Identify students with a history of allergies, including those at risk for anaphylaxis. Identification is through a multi-step process.
   b. RN will develop appropriate plans, including, but not limited to Individualized Healthcare Plans, Emergency Plans, and 504 Plans; School Health Assistant will assist in implementing those plans.
   c. RN will notify appropriate school staff with a need to know about student’s condition, in accordance with FERPA guidelines, by providing information through the student’s Emergency Action Plan.
   d. The Department of Comprehensive Health and Student Health Services will train campus and non-campus based staff on:
      i. Recognition of the signs and symptoms associated with life threatening allergic reactions/anaphylaxis.
      ii. How and when to administer an epinephrine auto injector.
      iii. Implementation of emergency procedures after administering an epinephrine auto injector.
      iv. Properly disposing of used or expired epinephrine auto injectors, unless EMS responds.
      v. Post-anaphylaxis even review procedures.
vi. Be provided in a formal face to face training session or through the district’s professional development system.
   1. Attendance records on the training will be maintained through the district’s professional development system.

e. RN will provide the following training to AISD staff, as determined by collaborative effort with administration:
   i. Student-specific allergy and anaphylaxis recognition and response, including access to and the use of an antihistamine and epinephrine auto-injector.
   ii. Recognition of signs and symptoms of anaphylaxis in anyone: procedures to respond quickly and appropriately, including the administration of an epinephrine auto injector.
   iii. Environmental control measures to reduce the risk of allergen exposure in all school-related areas, such as cafeteria, bus, and classroom.

f. Provide access to all assigned medications for all off-campus, school-related activities with proper notification from the teaching staff.

g. RN will lead debriefing following an anaphylactic event requiring administration of epinephrine auto injector, including completion of Post-anaphylaxis Reaction Review Form.

h. Ensure maintenance, administration, disposal, and replacement of epinephrine auto-injectors at each campus.

II. AISD School Staff (Administrators, teachers, food services, athletics, transportation, etc):

a. Principal ensures all campus staff receives training on recognition of signs and symptoms of anaphylaxis, including the administration of epinephrine auto-injectors and how to respond quickly and appropriately.

b. Know the location of epinephrine auto injector, in the event it is needed.

c. Recognize signs and symptoms of anaphylaxis and how to respond quickly and appropriately.

d. Teachers will notify Health Team at least two (2) weeks prior of any off-campus, school-related activities to ensure access to life-saving medications for the student with documented life-threatening allergies.

III. Parents/Guardian

a. Complete the annual health history form to notify the school of your child’s allergies.

b. Provide written documentation of allergy and nature of the allergic reaction, including any medications prescribed by a treating physician.

c. Provide properly labeled medications and replace those medications after use or upon expiration. **Parents are responsible for providing the appropriate medications, including antihistamines and epinephrine auto-injectors, for the student with a known life-threatening allergy or whose medical providers considers the student at high risk for anaphylaxis.**

d. Collaborate with school RN to develop individualized health care plan.

e. Provide emergency contact information and update as needed.
AISD Student Health Services Allergy and Anaphylaxis Process

Student identified as at-risk for Life-Threatening Allergy:
- Parent/Guardian notation on Confidential Health History Form
- Previous school year’s Medical Alert List &/or Individualized Health Care Plans (IHCP)

Student Health Team (SHS) contacts parent/guardian requesting completion of the following documents, as needed:
- Student Allergy Letter (A1)
- Allergy and Anaphylaxis Parent Information Form (A2)
- Parent Authorization for Administration of Epinephrine Auto-Injector (A3)
- Parent Authorization for Antihistamine Administration, grade-level specific (A4/A5) (if needed)
- Physician Orders for Allergy and Anaphylaxis (A6)
- Physician Statement of Food Accommodation Form (A7) (if needed)

SHS team documents contact in Student Health Information System (SHIS)

RN:
- identifies Medical Condition and Alert in SHIS
- creates IHCP, Student-Specific Emergency Plan (A9), Bus Emergency Plan (A10) based on information provided
- fax Bus Emergency Plan to SHS main office
- notifies school staff with a need to know of student’s significant allergy status
- trains school staff, as needed

SHS Team:
- uploads documents to the student’s SHIS record
- gives completed Physician Statement of Food Accommodation Form to Cafeteria Manager, if applicable

*Parent is responsible for providing all supplies, including medication

Parent provides information*

No response to request

SHS Team contacts parent/guardian 2nd time for requested information, documents in SHIS
- RN notifies Principal of outcome of 2nd notice request & determines plan of action
- RN sends Allergy No Response Follow-up Letter (A8) to parent/guardian; documents in SHIS

Parent provides information*