



# Austin ISD School Health Advisory Council Meeting Meeting Minutes

**Wednesday, September 16, 2026**

6:00 p.m.- 8:00 p.m.

**Meeting Location:** In-Person (AISD HQ Room 221) & Virtual via Google Meet

## In Attendance:

### SHAC Members in attendance

- Leah Kelly
- Amy Tyler
- Imee Del Mundo
- Ann Teich
- Kaitlyn Kash
- Kelsey Campbell
- Nina Miller
- Mary Renfro
- Matthew Kenny

### AISD Staff

- Francina Hollingsworth
- Yvette Cardenas
- Dr. LaShanda Lewis
- Nissa Roark

### AISD Board of Trustees

- Fernando De Urioste

### Guests

- Lisa Flores, parent

## Call to Order

- The meeting was called to order at 6:06 p.m. by Co-Chair Leah Kelly.

## Meeting Logistics Announcement

- Francina Hollingsworth reviewed meeting logistics, open meetings compliance guidelines, hybrid participation rules, timekeeping, and etiquette.

## Approval of the September 16, 2026, Meeting Agenda

- Co-Chair Leah Kelly noted that representatives from the AISD Discipline Office were unable to present in person regarding restraint and seclusion policy, but pre-submitted written answers to be read into the record.
- A motion was made to approve the agenda by Ann Teich. Seconded by Nina Miller.
- With 8 in favor, none opposed, and none abstained, the motion to approve the agenda has passed.

## Introduction of members, staff, and guests

- Departures of former chair Francesca Leahy and member Gretchen Pierce were acknowledged.
- Open seats on the SHAC were noted, and members were encouraged to share the advisory board application link.
- In-person and virtual members, staff, and trustees introduced themselves.

## Community Communications

- A motion was made by Leah Kelly to move the Community Communications section from 6:15 p.m. to follow Presenter 2 (7:10 p.m.) and precede subcommittee sign-ups.



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- Motion seconded by Ann Teich.
- With 8 in favor, none opposed, and none abstained, the motion passed.

### Reading and Approval of April 15, 2026 Meeting Minutes

- Corrections to the posted agenda/heading dates within the April 15, 2026 minutes were noted.
- A motion to approve the April 15, 2026 meeting minutes with noted corrections was made by Amy Tyler and seconded by Nina Miller.
- With all in favor, the motion to approve the April 15, 2026 meeting minutes passed.

### District Updates

- Medical Services: Postponed to the October meeting due to Alana Bejarano's absence.
- Student Support Services: Dr. Landa Lewis shared updates regarding:
  - Transitioning from paid contract negotiations with Integral Care to an MOU for free therapeutic services across campuses.
  - Voluntary virtual staff trainings on suicide awareness through the National Council for Mental Health, with upcoming sessions on workplace mental health (Sept 23) and work-life balance (Sept 29).
  - Exploring peer-led mental health and suicide awareness programs, such as Hope Squad.

### Welcome To SHAC

- Welcome packets and the 2026 SHAC Annual Report (submitted Sept 1) were distributed.
- Approval was given to update wording in the Annual Report for Recommendation #2 (Project Full Measure) to describe it as a "student-developed peer-led initiative focused on improving communication and mental health response through music".
- Reviewed the submission and approval timeline for SHAC recommendations sent to the Board of Trustees via the Annual Report.
- Discussed reviewing and updating SHAC Bylaws in consultation with Michelle Smith at the Texas SHAC Network.
- Co-Chair Leah Kelly issued a call for an interested AISD parent to step forward as co-chair.

### Presenter 2 - Restraint and Seclusion

- Chair Leah Kelly read into the record pre-submitted written responses from the Discipline and Special Education offices regarding 13 questions on restraint and seclusion policies:
  - Seclusion is explicitly prohibited in AISD under TEC 37.021 and 19 TAC 89.1053; sensory rooms are designated for proactive self-regulation, not discipline or punishment.
  - Restraints are tracked administratively and reported to TEA via PEIMS; verbal parent notification is required same-day and written notice within 24 hours / 1 school day.
  - Staff initiating restraints are required by law to receive CPI (Crisis Prevention Institute) certification within 30 days of an incident.



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- Council members discussed tracking metrics (e.g., time out of placement) and requested relevant departments (Discipline, Special Education, AISD Police, PEIMS) attend a future meeting for collaborative discussion.

### **Community Communications/Public Comment**

- Lisa Flores (In-person): Expressed concerns regarding the real-world application of sensory/reset rooms, shared personal experiences with student seclusion, and called for accurate data tracking and transparency.
- Co-Chair Leah Kelly (Written comment read into record): Raised concerns regarding physical activity being used as a behavioral consequence, questioning alignment with AISD discipline frameworks, wellness policies, and SHAC recess recommendations.

### **Items from Members**

- Motion made by Leah Kelly for SHAC to adopt a 2026–2027 annual objective to ensure accurate campus-level publicly reported data on restraint, timeout, and separation practices, and to verify that no space in the district functions as seclusion, to be assigned under the Social and Emotional Wellness subcommittee and seconded by Kaitlyn Cash Casten.
  - With 7 in favor, none opposed, and 1 abstained, the motion passed.
- Discussed public comment procedures for parents wishing to bring forward topics (screen time recommendations).

### **Adjourn**

- The meeting adjourned at 8:10pm.