

Austin I.S.D. School Health Advisory Council Meeting

6:00 p.m.-7:30 p.m., Wednesday, 11/16/22 Meeting Location: *Virtual Link*

<https://austinisd-org.zoom.us/j/84088709430> Meeting ID: 840 8870 9430

The SHAC may take action during the meeting as it clearly and directly relates to any agenda item on the table at the time.

Time	Agenda Item	Presenter
6:00 p.m.	<p>Call to Order</p> <p>No Trustee Members in Attendance</p> <p>SHAC Members in Attendance: Belynda Montgomery Beeral Gupta Addison McKenna Claire Selinger Cynthia Soliz Nick Wagner Kimberly Avila Edwards Susanne Kerns Mary Renfro Stacey Smith Whitney Thurman Swati Avashia</p> <p>Quorum was met</p> <p>AISD Staff in Attendance: Alana Bejarano Jose Serrano Rachel Dunn Pat Werner Donna Piket Ginger Voss Megan Vasquez</p> <p>Community Members: Sarah McKenny Tara Doolittle Mr. Ehajj</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
6:05 p.m.	Introductions and Recognition of Guests	Dr. Kimberly Avila Edwards
6:11 p.m.	<p>Community Communications</p> <p>No community comments</p>	Dr. Kimberly Avila Edwards

6:13 p.m.	<p>Reading and approval of minutes 09/21 and 10/19/2022</p> <p>Meeting minutes motion brought forth by Cynthia Soliz Seconded by Belynda Montgomery Meeting minutes approved by: Mary Renfro, Addison McKenna Kimberly Avila-Edwards, Nick Wagner, Belynda Montgomery Beeral Gupta</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
6:16 p.m.	<p>Health Service Update from Health Services Dept.</p> <p>Opioid/Substance Misuse Initiative Update</p> <ul style="list-style-type: none"> • All Narcan distributed to 120 campuses. All emergency equipment also checked. HS used Narcan day after it was distributed. The program will continue, and we will restock as needed. • PTAs and schools will be reaching out for presentations. • A general education slide deck will be available for principals to customize. • Sgt. Covington and SROs will be presenting at schools. • News articles have been published • HS – 4 Narcan boxes • MS – 2 Narcan boxes • ES – 1 Narcan box • Narcan was placed in the school AED boxes located closest to nurse's office. • SROS and Athletics trainers already carry them on their person • Other school staff are also trained to use Narcan. It's a very easy med, use 2 sprays in one nostril and more if needed. Everyone who uses it must be trained. • Fentanyl Awareness campaign began about 3 weeks ago to address <p>Dr. Edwards: What is in the curriculum/education for fentanyl awareness?</p> <p>Alana: CDC, Travis Co. data, and Hays Co. shared lots of information.</p> <p>What medical professionals are helping to spread the message?</p> <ul style="list-style-type: none"> • Michelle Gallas, Medical Director • CDC • Police Dept. <p>AISD is joining forces with several agencies to get information.</p> <p>Belynda: Sober movement not present in the HS. As we present Fentanyl education, maybe we also present on sober education.</p> <p>Dr. Selenger: Even with a prevention aspect, there is a treatment aspect. If we are identifying problem, we need to provide resources for treatment.</p> <p>Dr. Edwards: Where to see the slides? Health Services will add slides to the Fentanyl Awareness page on the Health Services site.</p>	Alana Bejarano, Director of Health Services

6:27 p.m.

Update on the Elementary School PE Schedule

Patricia Warner & Mary Renfro

Following up on past issues:

Pat: Has a full team in the PE/Health Ed. Dept.

Visited all 78 ES visits within the first 2 weeks of school to identify areas of need

- Looked at space, numbers, staff
- Talked to all PE teachers and most TAs
- Prioritize areas of concern to provide more targeted support
- Planned targeted responses
- Had ongoing meetings with Office of School Leadership and Chief Casas to report and plan
- Visited schools for a second look
- Brought in principals to the discussion when necessary
- Train new teachers/TAs as they came on board.

Department Agreements

- Only report what her team personally saw
- If something is reported, campus visits are made to see it
- Tough conversations with district level officials when needed
- Only used truth/facts
- Educate when misconceptions have been identified
- Encourage teachers to reach out with concerns and celebrations

Next steps:

- Some campuses adjusted schedules after school began
- Ongoing conversations with district leadership on continued problem areas
- Continue to troubleshoot on space/instructional issues
- Conversations focused on future solutions/adjustments

Results from Survey – Mary Renfro:

Do you have a consistent designated teaching space?

20.8% - NO

79.2%- YES

Perspectives: Examples of teaching locations: gym, blacktop, track, field, portable classrooms, cafeterias, basketball court, auditorium, classroom, and patios

Limitations: Outdoor spaces, small spaces due to the number of students, indoor spaces are not always guaranteed, some indoor spaces are shared with other classes, some campuses have permanent locations for PE both indoors and outdoors.

Have you had sub coverage when someone has been out for PE?

NO- 13.2%

YES – 26.4%

SOMETIMES – 60.4%

Have you had to take care of more than 1 class of 30 students by yourself?

18.9% - NO

81.1% - YES

	<p>Some of the reasons: Campuses not fully staffed, absences with no subs, and split classes</p> <p>Is your campus fully staffed? 39.6 – NO 41.5 – YES</p> <p>Will you be returning? Yes – 34%</p> <p>Stacey Smith: librarian at Govalle ES; does not know if it is sustainable for SPED students; staffing is the issue combined with the PLC schedule; creates a whole level of stress to ensure PLCs are running; most stressful for staff</p> <p>Cynthia Soliz: How many PE instructional minutes are being required and how much are students receiving? Pat: State of TX requires 135 minutes per week of structured PE. Each school has a different schedule to make this work.</p> <p>Pat: Health Education (HE) lives with classroom teacher. PE should not be used for HE. Wellness concepts are being taught by PE staff.</p> <p>Dr. Selenger: explained to her kids that we need to move our bodies every day; husband volunteers in PE – how PTA has involved parents. Helpful from mental health perspective to move bodies more.</p> <p>Stacey Smith: Volunteers cannot be expected to assist with schools as this is not a solution. How are schools and principals sharing best practices?</p> <p>Actionable Items:</p> <ul style="list-style-type: none"> • Kimberly suggested reviewing data with Mary and Pat with an equity lens. • Craft an Awareness letter for Board to discuss new PE schedule, but also address gaps and limitations for special needs students • Fentanyl presentation 	
7:21 p.m.	<p>Update on the Temperature Weather Guidelines</p> <p>Topic will be postponed to next meeting.</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
7:21 p.m.	<p>Review the District Wellness Policy -Belynda Montgomery</p> <p>Introduced Rachel Dunn, RD – reviewed 20-page Wellness document Only deadline is in June, to complete a Federal guidelines checklist No deadline for AISD. Wellness policy only covers Nutrition and PE but does not cover all needed. Rachel: Wellness policy is required because of our participation in National School Lunch program.</p>	Dr. Kimberly Avila Edwards, Co-Chair Mary Renfro, Co-Chair
7:29 p.m.	<p>Items from Members (Brief announcements, suggestions for future topics, recognitions, etc.)</p>	Dr. Kimberly Avila Edwards
7:35 p.m.	<p>Adjourn</p>	Dr. Kimberly Avila Edwards