

December 2018 SHAC Meeting Minutes

December 5, 2018

Austin ISD board room

Attendance: Sarah Bentley, Nekosi Nelson, Vivian Ballard, Hugh Simmons, Michelle Smith, Ronda Rutledge, Larry Chauvin, Gena McKinley, Sarah Baker, Tim Ruttan, Jennifer Cozzolino, Jackie Platt, Julia Hoke, Susanne Kerns, Lulu Bautista, Matt Shead, Caryl Ayala, KRZ?, Katie Wolfe, Ryan Cengal, Cinda Christian, Dolly Lambdin, Emma Pabst, Janet Teal, Mollyanne Vasquez, Pete Price, Philip Cannata, Kimberly Ecryes?, Stephanie Hawkins, Corry Scheuerman, Leigh Ann Jansen, Megan McGifficle, Barbara Birch?

6:30p Call to Order Sarah Bentley, Chair (reading from Antoine de Saint-Exupéry)

6:35p Introductions and recognition of guests

- Introduction of SHAC members
- Mollyanne Vasquez (Presenter, Center for Child Protection)
- Introduction of AISD Staff

6:40p Community communications

- Lulu Batista provided public comment
- Matthew Shead provided public comment
- Caryl Ayala provided public comment
- Emma Pabst, from Environment Texas, provided public comment

6:50p Items from members (brief announcements, suggestions for future topics, etc.)

Member (Parent of Sunset Valley students) - Sunset Valley Elementary is considering becoming a Transformation Zone – this is a grant from the State of Texas that comes with increased autonomy and increased responsibility, could be associated with health outcomes

6:55p Reading and approval of minutes

- Secretary did not attend this meeting, so minutes for November will be circulated for approval via email

7:00p Fast Track Cities

Philip Huang, MD, MPH City of Austin, Austin Public Health – was not available to speak and will be rescheduled for February

7:10p Personal Body Safety Conversations with Children, Mollyanne Vasquez, Center for Child Protection (local child advocacy center)

- Provides support to children and families
- Works with law enforcement, CPS, DCMC, and district attorney's office
- Previous to the advocacy center model, these agencies all worked independently and now they are able to work as part of a team
- Services provided include

- Forensic interview – children tell the story one time, less intimidating, law enforcement and DA office representative are able to observe
- Therapeutic services – play therapy, art therapy, low ropes course, Neurosequential Model of Therapeutics (NMT), therapy dog
- Community Education – new tier for program (about 5 years), focused on prevention, Ms. Vasquez’s role includes staff trainings at schools, focused on prevention of sexual abuse. Program recently added a parent component – how parents can talk to their kids about prevention, and starting next year, there will be a child component to talk to kids about boundaries, safety, and safe adults.
 - a. Best way to protect a child is nurturing and open communication with parents, importance of using anatomically correct terms
 - b. Recommended 2 websites: Darkness to Light www.d2l.org, Protecting the Innocent (?) – Website that includes “5 little talks” tailored to different age ranges that are important for parents to have with their children
- SHAC members asked questions
- Ms. Vasquez shared resources with SHAC members

7:20p AISD Human Sexuality & Responsibility Curriculum Survey Results & Update - Kathy Ryan AISD Director of Academics & Michelle Rusnak, Director of PE

- Results are preliminary due to recently received results from high schools and 4 CACs
- Only sharing quantitative results
- 5863 total responses
- Participants: 97 CACs, 18 SHAC members, 4864 parents, a little over 500 students, and community members
- More than 10% of AISD families responded, which is a very high rate of response
- 3rd – 5th grade overview: High percentage (80+%) want to see personal safety taught at all grades, while lower percentage (<50%) want to see all aspects of sexual orientation and gender identity taught at all grades; similarly
 - Question from SHAC member about number of participants responding to specific questions
- Middle School: Increased percentage of parents want to see sexual orientation and gender identity covered at all grade levels; in general, majority of parents want to see all indicators taught at all grade levels
- K – 2: collected data but curriculum will not be revised
- Results will be posted on AISD (?) website when analysis is completed
- Next steps: finishing analysis, compiling data, developing scope and sequence (topics and timing), either looking for specific lessons that have already been developed or developing curriculum within AISD, after scope and sequence are mapped out – SHAC subcommittee involved in this
- Will come back to the SHAC in February – present draft of scope and sequence – SHAC will vote as to whether to recommend scope and sequence to the board
- SHAC survey results were distributed
- SHAC member asked about representativeness of sample who completed the survey – information is available as to what school(s) are represented in sample but has not yet been analyzed

7:30p Committee Reports

Nekosi Nelson – Family and Community Engagement (Joined with Social Emotional Behavioral, chaired by Hugh Simmons) – meet on third Wednesdays @ 9:30 at Casis Elementary

- Discussed goals around community engagement and increasing representation and diversity,
 - short-term goal around increasing diversity around meeting attendees and intermediate to long-term goal of increasing diversity of SHAC members;
 - diversity in terms of zip code vs. diversity in terms of race/ethnicity, build awareness of SHAC – work with community groups that have similar issues and missions, actively recruit subcommittee members
 - one proposal is to invite community partners to come to SHAC meetings at 5:30 to share information on different topics, services (invite the community in)
 - increase representation – need metrics and data to measure this (need demographic info for attendees, need option to capture demographics of attendees),
 - SHAC needs to be representative of the population that attends AISD schools – this is a moral and a health issue, need a baseline (this is still being discussed) to measure how well we are doing at increasing diversity and representation
 - Proposal to have SHAC meetings at other locations in the future to increase attendance, students could also participate
 - Proposed idea to publicize information shared at SHAC meetings like we do the school board minutes
 - Discussed how this information could be collected to reduce privacy concerns
- looking for committee member to help with social media

Health Education Committee Report – will be meeting sometime in January to discuss next steps in curriculum review process, will also be learning about and talking with district staff about vaping devices (Juul), AISD was part of a pilot program to provide education around this issue, looking at how we can better educate students and staff about dangers of vaping

PE Committee – has been fairly inactive since passing recess policy, planning to meet in January, looking at class size concerns and other issues around physical education

- Suzanne Kerns, AISD parent – has been attending school board meetings, parents from schools on the East side who feel like they are not being heard or recognized with regard to their concerns re: class size and other issues, having SHAC meeting at a school location on the East side may be a way to increase

Staff Wellness Committee – meeting has not happened yet (still looking for a co-chair), considering developing a newsletter focused on increasing health and wellness that staff could “opt in,” could focus on financial literacy as an aspect of wellness, as well

Environmental Health Subcommittee is being considered

Need a chair for Nutrition Subcommittee Chair

7:40p District Reports

Health Services - General Department Update: Tracy Spinner – received 9 million dollars from governor's office to sustain and expand mental health work in the schools, 1.7 million dollars to continue 16 mental health centers in collaboration with IC, needed to come up with strategic funding plan for sustaining and expanding mental health services, legislative advocacy efforts,

- Student Health Services – 31K student encounters
- Flu season has started – confirmed cases of flu – free flu shots at all campuses
- Confirmed cases of pertussis at one campus – being monitored by health department
- 7 epi pens used last month for anaphylactic reactions of students and staff – grant through Dell to receive epi pens (national shortage of epi pens), this is slightly higher than average, because of shortage of epi pens some families whose children have diagnosed allergic condition may not be filling prescription due to cost
- Continuing upgrade of EHR – working to add a mental health tab in this system, integrated behavioral health risk assessment
- Reviewed 2 handouts: mental health services in AISD & Child Study System

Social and Emotional Learning - General Department Update: Pete Price – When SEL initiative began, the focus was on “coaches” developing and implementing a program for students (Second Step and School Connect). In 8th year, there has been a pivot to having 2 SEL Champions on each campus – so that SEL can be individualized at each campus—and a focus on integrating community providers. Recently, an anonymous donor has offered to fund SEL initiative on several middle school campuses (RULER out of Yale University, <http://ei.yale.edu/ruler/>).

Staff wellness - General Department Update: Stephanie Hawkins, Employee Assistance & Wellness Programs – Camp Gladiator has partnered with AISD to provide 500 spots for free workouts for 4 weeks (have added 200 spots); campuses with highest percentage who complete 12 sessions will receive a donation. AISD has partnered with Seton Breast Care center to offer “mammo mixers” to increase staff getting mammograms. A mobile app has been developed for employees (3K employees have the mobile app) to look for health resources. Other developments include

- Ready MD telemedicine option (has saved district over \$100K this year),
- partnership with HEB to offer staff flu shots (1000 employees took advantage of this program this year), and
- program to earn insurance premium credit through engaging in health-promoting behaviors, offered for the first time this year (327 employees will receive this credit)

8:00p Meeting adjourned by Sarah Bentley, Chair