

August 2018 SHAC Meeting Minutes

August 8, 2018

O'Henry Middle School

Meeting called to order at 6:30 pm

Community communications:

Philip Cannata provided public comment.

Susanne Kerns provided public comment.

Attendance: Tracy Spinner, Sarah Bentley, Vivian Ballard, Kathy Ryan, Leonor Vargas, Jenny Cozzolino, Hugh Simmons, Shannon Sandrea, Fernanda Santos, Michelle Smith, Philip Cannata, Ronda Rutledge, Barbara Ten Brink, Alda Santana, Ryan Cengel, Angelica Benton Molina, Nekosi Nelson, Jackie Platt, Melody Carlton, Yasmin Wagner, Toni Rayner, Susanne Kerns, Andrew Wiggins, Nick Winges Yanez, Ben Taylor

Minutes: June minutes amended to show corrected voting report on abstained instead of against. Ronda Rutledge and Sarah Bentley need to be added to attendance record, since they were present at the meeting.

AISD Coordinated School Health Score Card Report:

Michele Rusnak presented on Coordinated School Health. In April of every year, a report goes out the principals and PE teachers to assess specific areas on a campus related to coordinated school health. Some areas are based on school/state policy, others are additional. If a campus misses a certain number of policies, then they miss being "acceptable." In 2016, 54% of campuses were "exemplary" or "recognized." In 2017, 80% of schools were exemplary. Different points that are measured are implementing PE curriculum, recess, access/availability to healthy snacks, brain breaks, physical activity, parent involvement in CATCH night, school gardens, posting of nutritional and health information on campuses/website, and number of marathons completed. Of note was that 37% of campuses did not sponsor any food-related fundraisers. AISD is the leading district in the nation for implementing Go Noodle, 45% of schools had 75% of teachers registered and using Go Noodle at least once every day. AISD has been stable in the number of kids in the "healthy zone" for Healthy Fitness Zone, with 57% of the kids in AISD reported in the healthy zone. Next focus week is Coordinated School Health Week. Each day of the week focuses on a different area such as nutrition, SEL, environment, etc. This information can be accessed through the AISD Home web page. Each year about 800 new teachers enter the district. They receive weeks of training and professional development. Every October, all the PE teachers get Coordinated School Health refresher training. PTAs and Coordinated School Health Chairs communicate this information with parents.

Committee Reports:

SEB Committee: Hugh Simmons is the co-chair of the committee. They focus on exploring services, initiatives or policies related to social emotional behavior. Last year, they worked on SHAC collaborations with other local ISD, including Eanes and Manor.

Physical Activity Committee: Michelle Smith is the chair of the committee. The committee is in need of a co-chair and new members.

Health Education Committee: Alda Santana is the chair of the committee, which oversees any issue related to health education. Last year, they worked on the Human Sexuality recommendations.

Executive Committee: The SHAC Executive Committee surveyed members at the end of the 2017-2018 school year. One of the areas for improvement that was pointed out was the need for diversity, including racial and geographical diversity. They are revitalizing the member and community engagement committee to accomplish this. Recommendation also included moving public comment to the beginning of meetings, and to consider recording meetings. The top 3 focus areas that were identified were counseling, psychological/social services; family and community involvement; and social and emotional learning. Presentation suggestions included more community building, less reports, and a recess progress report. In addition, the audience spoke to nutrition, budget, bond updates, and legislative updates as desired topics for this coming year. Also, how educational expectations are aligned with child development.

Board Report: Biggest issue is the budget stabilization taskforce. Board will continue discussions for funding sources for counseling centers.

District Reports

Health Services: On June 18, the board approved a 7.1-million-dollar contract with Seton for staffing health services. At the beginning of the school year, 84 nurses will be hired. Parent meetings will be held during back to school time and early September. Tracy testified on several committees on the district's school mental health centers. The district asked for 14.8 million dollars from the governor's office. We have 8.9 million dollars for mental health centers. AISD is the only district in the history of the VOCA (Victims of Crime Act) funding to receive money. Just submitted Q3 report (March -June 2018), 1600 individuals are being served at 22 elementary school campuses for mental health services. Top 3 reasons for services are domestic/family violence, physical abuse/neglect and sexual assault, and homicide. Data also shows correlation to academics. Data so far say that students who receive services do better than their counterparts who do not receive services. Tracy worked with Children's Optimal Health to map out health services including low-income health care providers, school programs including breakfast in the classroom and STEM programs, and density mapping. It is public data, so anyone can view it. Tracy can share the link. It will stay updated with current data.

Physical Education: Michele introduced Barbara Ten Brink, science specialist, who will be splitting time with health/PE.

Food Services: Summer feeding is wrapping up; this is the last week. Back to school event next week. There will be seven new Breakfast in the Classroom (BIC) this coming year. Additionally, 16 new Community Eligibility Provision schools have been added, meaning schools with high free/reduced lunch population qualify for everyone on campus to eat for free, for a total of 30 schools. New food truck has been added that will go to high schools and middle schools. Food services has seen an increase in the number of lunches provided at school on days that a food truck is there. They are piloting a program for bento boxes, delivered to schools for after-school programs and available on the line for elementary and middle schools. They received a large grant from St. David's for \$500,000 to help build a central kitchen.

Social Emotional Learning: Several years ago when the SEL initiative was started, the focus was on the children. In the last few years teachers, principals, and admins have been trained on SEL needs of students, so they understand the importance. New research shows that the SEL needs of adults also need to be addressed.

Employee Wellness: Over 1500 registered members on RediMD saved the district \$86,700. To date, over 1,000 employees have done health screenings. Medical plan claims through June are down 15%, plan is performing well. Health app continues to be a success with 2500 employees who have downloaded the app. The app will be available in Spanish next month.

Adjourned at 8:00pm.