

School Health Advisory Council (SHAC)

Annual Report, 2014-15

Kathy Green, Chair

Lauren Dimitry, Vice-Chair

**Tracy Spinner, MEd, AISD Assistant Director,
Comprehensive Health Services**



Brain Break:
Michele Rusnak

Austin ISD SHAC

Who we are

- Required by the Texas Education Code, 28.004
- A volunteer committee, serves as an advisory body to the Austin ISD School Board
- Parents, Community Leaders, School Personnel, Content Experts
- 7 Sub-committees



Austin ISD SHAC

What we do

8 Components of a Coordinated School Health Program



Working together to improve the health and educational outcomes of all students and families through coordinated school health programs.

Impact of School Health

Why we do what we do

District-wide impact of school health

- Better test scores correlate with better FitnessGram scores
- “Unhealthy” BMI leads to lower test scores
- Unhealthy students miss more school days
- Teenage pregnancy results in poor attendance and dropout
- Violence, bullying, and dating abuse can lead to low self-esteem, poor academic performance, and missed school days



Accomplishments & Recommendations

What have we done

- Made recommendations regarding the roll-out of unassigned epi pens for all district campuses;
- Monitored the Revolution Foods pilot at O’Henry Middle School, and requested additional information;
- Provided input on hiring of new Director of Nutrition Services;
- Updated district wellness policy to reflect federal nutrition legislation;



2015-2016 SHAC Goals

What we intend to do

- Breakfast in the Classroom
- Expanded Farm to School initiatives
- Workplan for Social-Emotional Learning recommendations
- Campus Based Counseling Referral Centers
- Renewed Recess Policy Recommendations
- Employee Wellness



2015-2016 SHAC Goals

What we intend to do

- Increased parent and community involvement
- Improved participation in school meal programs
- Student mental health



Questions & Comments

What do you need to know?

Kathy Green, Chair, SHAC

Lauren Dimitry, Vice-Chair, SHAC

**Tracy Spinner, MEd, AISD Assistant Director,
Dept. of Comprehensive Health Services and
Liaison to SHAC**

AISD SHAC Annual Report, 2014-15

