

**School Health
Advisory Council (SHAC)
Annual Report, 2013-2014**

Vivian Ballard, Chair

Stephanie Hebert, Vice-Chair

**Tracy Lunoff, MEd, AISD Assistant Director,
Dept. of Comprehensive Health Services**



Austin ISD SHAC

Who we are

- A volunteer committee
- Parents, Community Leaders, School Personnel, Content Experts
- 7 Sub-committees



Austin ISD SHAC

What we do

8 Components of a Coordinated School Health Program



Working together to improve the health and educational outcomes of all students and families through coordinated school health programs.

Impact of School Health

Why we do what we do

District-wide impact of school health

- Better test scores correlate with better FitnessGram scores
- “Unhealthy” BMI leads to lower test scores
- Unhealthy students miss more school days
- Teenage pregnancy results in poor attendance and dropout
- Violence, bullying, and dating abuse are associated with negative health outcomes, poor school climate and academic performance.



Accomplishments & Recommendations

What have we done

- Recommendations to Increase Mental/Behavioral Health For AISD Students (see next slide)
- Recommended _____
- Provided input on H.B. 5 committee advocating the retention of 1.5 PE and .5 Health for graduation
- SEL initiatives
 - Reviewed curriculum for inclusion of mental health topics
 - Reported _____
- Provided input on Superintendent search



Recommendations to Increase Mental/Behavioral Health

- 1. Strengthen the existing Child Study System FFC (LOCAL)-X by ensuring full implementation on every campus.**
- 2. Increase access and participation in professional development for school personnel FFB (LEGAL)-P.**
- 3. Increase awareness and accessibility of mental/behavioral health services to students and families through outreach and education.**
- 4. Ensure the availability and sustainability of social, emotional and mental/behavioral health services on each campus.**

2014-2015 SHAC Goals

What we intend to do

Focus Areas

- Complete SHAC review of Garza Online Health and P.E. courses
- Implementation planning for Social, Emotional and Behavioral Health recommendations
- Physical Activity/Recess policy
 - Policy recommendations
 - Make recess a priority
 - Develop accountability standards for WOW
- Health policy
 - New state dental health legislation

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2013-2014 SHAC Goals

What we intend to do

Focus Areas

- SEL initiatives
 - Review curriculum for inclusion of mental health topics
- Nutrition
 - Farm to School expansion
 - Universal breakfast and competitive food restrictions
 - Increased participation in school meal programs



Questions & Comments

What do you need to know?

Vivian Ballard, Chair, SHAC

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