

School Health Advisory Council (SHAC) Annual Report, 2017-2018

Vivian Ballard, Co-Chair

Lauren Nottingham, Co-Chair

Sarah Bentley, Vice Chair



Austin ISD SHAC

Who we are

- Required by the Texas Education Code, 28.004
- A volunteer committee, serves as an advisory body to the AISD board
- Majority Parents, Community Leaders, School Personnel, Content Experts
- 8 sub-committee structure



Austin ISD SHAC

What we do

8 Components of a Coordinated School Health Program



Working together to improve the health and educational outcomes of all students and families through coordinated school health programs.



Impact of School Health

Why we do what we do

District-wide impact of school health

Students who are physically and mentally healthy have greater academic success, attend more days of school, and graduate.

The consequences of not addressing student health needs include:

- More behavior issues, including bullying and dating abuse
- More potential dropouts
- Lower test scores
- More trips to the school nurse
- Potential for higher teenage pregnancy rates



Accomplishments & Recommendations

What have we done

- Supported implementation of new daily recess policy
- Supported expansion of Breakfast in the Classroom (BIC)
- Conducted curriculum reviews as directed by statute
- SEB committee recommendation to EC to create a Diversity and Representation sub-committee
- Health Services Committee recommended to board that a licensed health professional bell-to-bell coverage in every school
- SEB committee worked with other Central Texas SHACs to create a shared vision: *“Social, emotional and behavioral health is critical to student achievement. The School Health Advisory Council collaboration therefore seeks to share information and to develop and amplify shared messaging about social, emotional and behavioral wellness in order to advocate for students in our districts.”*

2018-19 SHAC Goals

Focus Areas

- ↑ diverse representation of membership
- ↑ parent involvement
- ↑ transparency & communication
- ↑ collaboration with community groups



2018-19 SHAC Strategic Action

- **Community circles during SHAC meetings**
- **When feasible, recommend presenters include a parent or student co-presenter or permission to share their story**
- **Provide space to facilitate discussion between district and parents**



Questions & Comments

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