

SHAC Meeting
10.06.2021

Time	Agenda Item
6:30p	<p>Proceedings: Call to Order at 6:32, Wed October 6, 2021</p> <p>Dr. Avila Edwards Introduction & Welcome</p> <p>SHAC Members in attendance: -Opportunity for members to say a few words Cynthia Solis-Absent Dolly Lambdin-Present Gena McKinley-Absent Addison McKenna-Present Jeff Davis-Absent Kelly Tarun-Absent Dr. Kimberly Avila Edwards-Present Liz Jacobs-Absent Lisa Flores-Absent Mary Renfro-Present Michelle Mejia-Absent Dr. Nick Wagner-Absent Susanne Kerns-Present Swati Avashia-Absent Piper Nelson-Present</p> <p>Staff: Hannah Gehl, Health Services Specialist Stephanie Hebert, Health Education Curriculum Specialist Dr. Suzanne Newell, Executive Director of Curriculum and Instruction Erin Bown-Anderson-Assistant Superintendent of Academics Suzanne Newell- Executive Director of Curriculum and Instruction Christina Shepherd-Lead Benefits Ambassador Diane Grodek- Executive Chef Sundal Ali- Community Equity & Inclusion Coordinator</p> <p>Others in Attendance: Caryl Ayala Yvonne Castro Dr. Michelle Gallas, Medical Director Ascension Seton Student Health Services</p> <p>Without quorum unable to vote</p> <p>Welcome Guests: Any Trustees:No Trustees Present AISD Staff: (Dr. Edwards) 1) Dr. Michelle Gallas: New AISD Medical Director--opportunity to say a few words</p>

	<p>2) Diane Grodek AISD Executive Chef--opportunity to say a few words</p> <p>3) Stephanie Hebert-Opportunity to say a few words</p> <p>4) Erin Bowen-Anderson-Opportunity to say a few words</p> <p>5) Suzanne Newell-Opportunity to say a few words</p> <p>Parents (Mary) : Community Members (Mary) : The Community Communications message below was read.</p>
6:35p	<p>Introductions and recognition of guests (listed above) -AISD presenters, trustee members (if in attendance), AISD staff not part of CSH (i.e. Chief, assistant superintendent)</p>
6:40p	<p>Community communications* <i>Comments are limited to 2 minutes per speaker; 5 speakers max: There were no public comments</i></p>
6:50p	<p>Reading and approval of minutes Thanks to Genevieve for her service in serving as Secretary. Request a volunteer of SHAC to serve in the role of secretary and take the minutes. Dr. Avila Edwards and Mary will take minutes for this meeting. There were no volunteers.</p>
7:00p	<p>SHAC Realignment and Meeting Structure Discussion; Coordinated School Health Framework Integration Intro Dr. Edwards</p> <p>Mary:Provide SHAC information and what District did during CSH Week: Mary introduced the concept of Coordinated School Health. She shared the components of CSH. She shared the activities during CSH week. Dolly Lamdin, Piper Nelson, and Stephanie Hebert shared comments of support. Stephanie Hebert clarified CSH is NOT a program but a way to build a culture at schools to see health everywhere and keep students healthy.</p> <p>Dr. Michelle Gallas introduced herself.</p>
7:10p	<p>COVID-19 Update: Mary: Introduced our Health Services Department for a COVID-19 Update. Provided a reminder that SHAC members are the ones that are permitted to ask questions.</p> <p>Hannah, Health Services Specialist. Briefly, the COVID-19 update: at the most recent board meeting, Dr. Elizalde shared cases are trending downwards. Vaccinations for 12 and above are working.</p> <p>Flu vaccines coming to campuses each with assigned dates until the end of November.</p> <p>https://www.austinisd.org/student-health/flu-clinics</p>
7:15p	<p>Presentation – Nutrition & Food Services -Reminder public cannot ask questions to SHAC or AISD staff (their time is during public comment)</p>

	<p>Mary: Introduced Diane Grodek, Executive Chef Austin ISD Food Service. She will be discussing the amazing things that the Food Service has been doing and how we can support them.</p> <p>Diane: -Shorten version: -Update of Nutrition and Food Services for District -Free breakfast and lunch for 2021-2022 -Breakfast and lunch options to be well rounded -Fresh fruits and vegetables, vegetarian, vegan, gluten free options, and AB options. -Whole grains at every meal -Scratch cooking is used as much as possible -Plant forward meals -Elementary: A La Carte sales are eliminated due to equity -Once/ Twice a month menuing the treats -Chocolate milk has been removed-1 a month available -Smart Snacks available in middle school or high school --Free supper meal or snacks for after school meals (3rd meal) -2021 study found that school meals provide the healthiest and most equitable access of all US food sources -www.SchoolCafe.com (shows which allergens are in each food) https://www.austinisd.org/nutrition-food-services -Clean labels -Local Procurement -Good Food Purchasing -Support the local economy, protect the environment, treating animals humanely, fair labor, and to serve healthy whole food</p> <p>Need: Outreach-how the cafeteria provides good and quality food; more variety; get to select foods creating healthy habits; Maintain local jobs, supports the Texas economy, and brings better food to all students in Austin -2-3 times a week then it'll help provide better food for all -protein not required; students can bring sandwiches and food services can provide fruits and veggies</p> <p>-Questions opportunity for all SHAC Piper Nelson</p> <p>Comment:Dr. Gallas, Addison McKenna, and Susanne Kerns</p>
7:45p	<p>Items from members (brief announcements, suggestions for future topics, recognitions, etc.) Mary: Stephanie Hebert is our Health Education Curriculum Specialist. She will be providing us with an update on the Human Sexuality and Responsibility Curriculum. -Postponed K-8th Sex Education this year; going ahead with high school-Health Class is getting the lesson. -Information has been sent to staff and family -Approval information process</p>

-Curriculum info and adding information due to TEKS and National Standards
-Any information on dating/family violence is also opt in- sex ed is as well
-Lessons similar to counseling and SEL
Dolly Lambdin: Appreciated that decision
Hannah Gehl thanked Stephanie Hebert for her work in getting the information to our students
Health and PE Curriculum: New Health and PE TEKS exist so they are in the process of choosing new textbooks. As a district they will be adopting new textbooks. This process is ramping up at this point. It's been 15 years since the last time. A committee will be pulled together for each TEK. 4 Committees are being pulled together. Textbooks are part of the purview of the SHAC. The 4 committees will be Elementary Health, Middle School Health, High School Health, and High School PE.
2-3 people will be needed per committee.

Environmental Stewardship Advisory Committee (Kim)

Email from Aimee Aubin shared with the SHAC, results of survey, ask of our SHAC to sign onto a letter. Vote at the next meeting.
-Advisory Board to Superintendent
-Stewardship and Community
-Sign letter that ask Board of Directors and Superintendent increase outdoor learning and eating
-Is there equity across campus→ August district wide survey→
-Email as a follow up
-Feedback on letter and will vote at next meeting or provide opportunity to ask questions

-Christina Shepard from AISD Benefits to speak at this time.
Christina is representing the wellness section of the CSH wheel. Oct is our open enrollment month for AISD employees. It will end Oct 31. It will be 100% virtually. Employees can get 1:1 support and help. Not many changes to the benefit plan. Everything will stay consistent
Wellness: Financial wellness challenge just finished
SWEATER challenge: Based on activity challenge. As you earn points you earn gift cards. Want to track 150 minutes over the next 9 weeks
Flu shots at all campuses for employees
Next Oct 21 at central offices.
Q; Dr. Gallas: what MH services are available to staff?
MH services: EAP program managed through ComPsych
4 complementary sessions per year
On site MH profession now on staff

- CSH Monthly updates and presentation (Mary)

We wanted to see what you all thought about reaching out to the members of the different facets of Coordinated School Health. We could invite them to present at our meetings and consider if they would be open to providing us with monthly updates to share what amazing things they are working on and how we could support them.

SHAC Member feedback:

	<ul style="list-style-type: none">-Showcasing components & checking with all what components they are most interested in-Opportunity for SHAC input
8:00p	Adjourn Approximately 8:04