

**AISD Human Sexuality & Responsibility  
Middle School Opt Out Lesson Overviews**

6TH GRADE: DIGITAL CITIZENSHIP		
Lesson	Lesson Title	Lesson Objectives
1: Self-Awareness/Self-Mgmt	Finding Balance in a Digital World	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Reflect on their common online and offline activities.</li> <li>● Analyze and prioritize the activities that are most important to them.</li> <li>● Identify ways to "unplug" to maintain balance between online and offline activities.</li> </ul>
2: Social Awareness/Responsible Decision Making	Don't Feed the Phish	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Compare and contrast identity theft with other kinds of theft.</li> <li>● Describe different ways that identity theft can occur online.</li> <li>● Use message clues to identify examples of phishing.</li> </ul>
3: Social Awareness/Responsible Decision Making	Who Are You Online?	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Reflect on reasons why people might create fake social media accounts.</li> <li>● Identify the possible results of posting from a fake social media account.</li> <li>● Debate the benefits and drawbacks of posting from multiple accounts.</li> </ul>
4: Social Awareness/Relationship Skills	Chatting Safely Online	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Analyze how well they know the people they interact with online.</li> <li>● Reflect on what information is safe to share with different types of online friends.</li> <li>● Learn to recognize red flag feelings and how to respond to them.</li> </ul>

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5: Social Awareness	Digital Drama Unplugged	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Reflect on how easily drama can escalate online.</li> <li>● Identify de-escalation strategies when dealing with digital drama.</li> <li>● Reflect on how digital drama can affect not only oneself but also those around us.</li> </ul>
6: Responsible Decision Making	Finding Credible News	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Learn reasons that people put false or misleading information on the internet.</li> <li>● Learn criteria for differentiating fake news from credible news.</li> <li>● Practice evaluating the credibility of information they find on the internet.</li> </ul>
7: Self-Management/Responsible Decision Making	Far Fetched Facts [Citation Infestation]	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Identify the validity of information online.</li> <li>● Navigate online media safely.</li> <li>● Evaluate the benefits and challenges of having a digital life.</li> <li>● Assess the benefits or consequences of making different decisions to address a digital dilemma.</li> <li>● Reflect on decisions and determine alternative choices.</li> <li>● Build interpersonal empathy by role-playing and taking the perspective of others.</li> <li>● Develop skill-based competencies through game-based learning.</li> <li>● Apply learnings to real-world situations.</li> </ul>
8: Responsible Decision Making	Strategic Searching	<p><b>Students will be able to :</b></p> <ul style="list-style-type: none"> <li>● understand the importance of using a variety of search strategies.</li> <li>● master new strategies for effective and efficient online searches.</li> <li>● learn to create and execute a five-step plan for conducting an online search.</li> </ul>
9. Self Awareness/Social Awareness	Digital Heartbreak	<ul style="list-style-type: none"> <li>● Identify the validity of information online.</li> <li>● Navigate online media safely.</li> <li>● Evaluate the benefits and challenges of having a digital life.</li> </ul>

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		<ul style="list-style-type: none"><li>● Assess the benefits or consequences of making different decisions to address a digital dilemma.</li><li>● Reflect on decisions and determine alternative choices.</li><li>● Build interpersonal empathy by role-playing and taking the perspective of others.</li><li>● Develop skill-based competencies through game-based learning.</li><li>● Apply learnings to real-world situations.</li></ul>
10. Social Awareness, Relationship Skills	Cyberbullying: Be Upstanding	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"><li>● reflect on what it means to be brave and stand up for others offline and online.</li><li>● learn to show empathy for those who have been cyberbullied.</li><li>● generate multiple solutions for helping others when cyberbullying occurs.</li></ul>

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SEVENTH GRADE: DIGITAL CITIZENSHIP		
Lesson	Lesson Title	Lesson Objectives
1: Self-Awareness, Self-Management	My Media Use: A Personal Challenge	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Make an inventory of their media choices and how those choices make them feel.</li> <li>● Brainstorm personal strategies for balancing media use.</li> <li>● Create personal guidelines for promoting healthy media balance.</li> </ul>
2: Responsible Decision Making	Big, Big Data	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Explain why information about them and their behaviors is valuable to companies.</li> <li>● Analyze how certain types of data are used by companies.</li> <li>● Learn three strategies to limit individual data collection by companies.</li> </ul>
3: Responsible Decision Making	The Power of Digital Footprints	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Define the term "digital footprint" and explain how it can affect their online privacy.</li> <li>● Analyze how different parts of their digital footprints can lead others to draw conclusions -- both positive and negative -- about who they are.</li> <li>● Reflect on what they want their digital footprints to be in the future and how they can monitor and shape them.</li> </ul>
4: Relationship Skills, Social Awareness	My Social Media Life	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Identify the role of social media in students' lives.</li> <li>● Reflect on the positive and negative effects of using social media on their relationships.</li> </ul>

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		<ul style="list-style-type: none"> <li>Recognize "red flag feelings" when using social media, and consider ways to handle them.</li> </ul>
5: Social Awareness	Upstanders and Allies: Taking Action Against Cyberbullying	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>Consider the different perspectives of those involved in a cyberbullying incident.</li> <li>Identify ways to be an upstander or ally to someone being bullied.</li> <li>Problem-solve potential challenges to responding to cyberbullying.</li> </ul>
6: Responsible Decision Making	The Four Factors of Fair Use	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>Define the terms "copyright," "public domain," and "fair use."</li> <li>Identify the purpose of the Four Factors of Fair Use.</li> <li>Apply fair use to real-world examples, making a case for or against.</li> </ul>
7: Responsible Decision Making	Break It Down	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>Identify the validity of information online.</li> <li>Navigate online media safely.</li> <li>Evaluate the benefits and challenges of having a digital life.</li> <li>Assess the benefits or consequences of making different decisions to address a digital dilemma.</li> <li>Reflect on decisions and determine alternative choices.</li> <li>Build interpersonal empathy by role-playing and taking the perspective of others.</li> <li>Develop skill-based competencies through game-based learning.</li> <li>Apply learnings to real-world situations.</li> </ul>
8: Social Awareness,	Safe Online Talk	<p><b>Students will be able to:</b></p>

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Responsible Decision Making		<ul style="list-style-type: none"> <li>● describe positive aspects of online talking and messaging.</li> <li>● identify situations in which flirting and chatting become inappropriate and risky.</li> <li>● understand rules for safe online messaging, and feel empowered to deal with uncomfortable situations when communicating online.</li> </ul>
9: Relationship Skills	Me, Me, Meme	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Identify the validity of information online.</li> <li>● Navigate online media safely.</li> <li>● Evaluate the benefits and challenges of having a digital life.</li> <li>● Assess the benefits or consequences of making different decisions to address a digital dilemma.</li> <li>● Reflect on decisions and determine alternative choices.</li> <li>● Build interpersonal empathy by role-playing and taking the perspective of others.</li> <li>● Develop skill-based competencies through game-based learning.</li> <li>● Apply learnings to real-world situations.</li> </ul>
10: Self-Awareness, Relationship Skills	Which Me Should I Be	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● reflect on the benefits and risks of presenting their identities in different ways online.</li> <li>● evaluate – from an ethical point of view – the feelings, motivations, contexts, and possible outcomes associated with adopting different roles online.</li> <li>● judge whether certain ways people present themselves online are harmless or harmful.</li> </ul>

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EIGHTH GRADE: DIGITAL CITIZENSHIP		
Lesson	Lesson Title	Lesson Objectives
1: Self-Management, Responsible Decision Making	Digital Media and Your Brain	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Explore ways that different digital media are, and aren't, designed to help them make good media choices.</li> <li>● Reflect on how digital media is designed to either help or hinder the addition of meaning and value to their lives.</li> <li>● Think about how to develop good, healthy habits when using digital media.</li> </ul>
2: Responsible Decision Making	Being Aware of What You Share	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Reflect on the concept of privacy, including what they feel comfortable sharing and with which people.</li> <li>● Analyze different ways that advertisers collect information about users to send them targeted ads.</li> <li>● Identify strategies for protecting their privacy, including opting out of specific features and analyzing app or website privacy policies.</li> </ul>
3: Responsible Decision Making	Social Media and Digital Footprints: Our Responsibilities	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Identify reasons for using social media and the challenges that often come along with it.</li> <li>● Reflect on the responsibilities they have that are related to digital footprints -- both their own and others' -- when they're using social media.</li> <li>● Identify ways to make the most of social media while still caring for the digital footprints of themselves and others.</li> </ul>
4: Relationship Skills, Responsible Decision Making	Responding to Online Hate Speech	<p><b>Students will be able to:</b></p>

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		<ul style="list-style-type: none"> <li>● Use a circle-discussion structure to strengthen their class community.</li> <li>● Explore the nature of hate speech by discussing whether it could happen at their school.</li> <li>● Identify specific actions to positively affect a situation involving hate speech.</li> </ul>
5: Responsible Decision Making	This Just In!	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Define breaking news, and understand why individuals and news outlets want to be first to report a story.</li> <li>● Analyze breaking news alerts to identify clues of false or incomplete information.</li> <li>● Reflect on the consequences of reacting right away to breaking news alerts.</li> </ul>
6: Self-Management	Hack A Wrong	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Identify the validity of information online.</li> <li>● Navigate online media safely.</li> <li>● Evaluate the benefits and challenges of having a digital life.</li> <li>● Assess the benefits or consequences of making different decisions to address a digital dilemma.</li> <li>● Reflect on decisions and determine alternative choices.</li> <li>● Build interpersonal empathy by role-playing and taking the perspective of others.</li> <li>● Develop skill-based competencies through game-based learning.</li> <li>● Apply learnings to real-world situations.</li> </ul>
7: Relationship Skills	Insta-Slammed	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>● Identify the validity of information online.</li> <li>● Navigate online media safely.</li> <li>● Evaluate the benefits and challenges of having a digital life.</li> </ul>



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		<ul style="list-style-type: none"> <li>• Assess the benefits or consequences of making different decisions to address a digital dilemma.</li> <li>• Reflect on decisions and determine alternative choices.</li> <li>• Build interpersonal empathy by role-playing and taking the perspective of others.</li> <li>• Develop skill-based competencies through game-based learning.</li> <li>• Apply learnings to real-world situations.</li> </ul>
8: Relationship Skills	The Reality of Digital Drama	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>• reflect on their own impressions of digital drama.</li> <li>• compare underlying messages about drama on reality TV with “real world” digital drama among young teens.</li> <li>• think critically about the gender stereotypes associated with drama.</li> </ul>
9: Self-Management, Responsible Decision Making	Sticky Situation	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>• Identify the validity of information online.</li> <li>• Navigate online media safely.</li> <li>• Evaluate the benefits and challenges of having a digital life.</li> <li>• Assess the benefits or consequences of making different decisions to address a digital dilemma.</li> <li>• Reflect on decisions and determine alternative choices.</li> <li>• Build interpersonal empathy by role-playing and taking the perspective of others.</li> <li>• Develop skill-based competencies through game-based learning.</li> <li>• Apply learnings to real-world situations.</li> </ul>
10: Responsible Decision Making	Trillion Dollar Footprint	<p><b>Students will be able to:</b></p> <ul style="list-style-type: none"> <li>• learn that they have a digital footprint and that information from it can be searched; copied and passed on; seen by a large, invisible audience, and can be persistent.</li> </ul>

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|  |  | <ul style="list-style-type: none"><li>● recognize that people’s online information can be helpful or harmful to their reputation and image.</li><li>● consider their own digital footprints and what they want those footprints to be like in the future.</li></ul> |
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