

Guidelines for Discussion

- **Treat the subject seriously.** Sometimes, when people feel nervous or embarrassed, they giggle or laugh. It's okay to feel that way, but let's talk about puberty without getting silly.
- **Use humor appropriately.** Although we are mature enough to talk about puberty without getting silly, it is okay to laugh sometimes. Humor is fun when it isn't used to make fun of someone.
- **Use the correct terms for body parts and functions.** If you don't know the correct term, it is okay if you use the slang term to ask a question. Then, I will tell you the correct term, and you can use it from then on.
- **Respect other people and their ideas.** Avoid making fun of or laughing at others, or putting other people down.
- **Avoid gossiping.** It isn't cool to go out in the hall and repeat what other people have said. It is fine to talk about what you learn with your parents and other trusted adults.
- **Avoid personal questions and stories.** I will not ask you to share personal things, and I will not answer personal questions about myself. It's important NOT to tell personal stories or use people's names when asking questions. Instead of using someone's name, say "someone I know." That way you won't embarrass others.
- **Ask questions; questions are good.** If you have a question, there are probably other students who have the same question.