Dear Parent or Other Caring Adult,

During your child’s science or health class, he or she will participate in the AISD Human Sexuality and Responsibility (HRS) curriculum. The program delivers factually accurate, age-appropriate information on a range of topics pertaining to sexual health, sexuality, accessing health care, and healthy relationships. The teaching of Human Sexuality and Responsibility is expected under Austin ISD Board Policy EHAA (Legal and Local). The curriculum further advances the AISD mission to provide a comprehensive educational experience that challenges and inspires students to make a positive contribution to society.

As the primary caregiver and educator in your child’s life, you are welcome to preview the curriculum online at https://www.austinisd.org/pe-health/health-education/hsr or in your campus library. Please take the time to view the curriculum prior to instruction or at the parent orientation meeting. Please contact the campus principal for the scheduled date of the orientation.

If you do want your child to participate in these lessons, no further action is required.

If you do not want your child to participate in these lessons, please check the lessons that you want your child to opt out of, sign and date below, and return this form to your child’s teacher. Alternative lessons will be provided for your child in a different location.

**I want my child to opt out of (check all that apply):**

- [ ] Lesson 1 Identity
- [ ] Lesson 2 Healthy Relationships
- [ ] Lesson 3 Personal Safety
- [ ] Lesson 4 Anatomy & Physiology
- [ ] Lesson 5 Puberty & Adolescent Development

- [ ] My child will opt out of all the lessons listed above.

__________________________________________
Student Name

__________________________________________  _____________
Parent/Guardian Signature  Date
Lesson 1: Identity
- How do you maintain your personal dignity?
- How do you show others respect?

Lesson 2: Healthy Relationships
- Who did you include in your Circle of Relationships?
- What is the best thing one of your friend brings to your friendship?

Lesson 3: Personal Safety
- How can you stay away from or stop bullying from happening to you?
- How can you help a person who is being bullied
- Who is a trusted adult that you can talk to about bullying?

Lesson 4: Anatomy & Physiology
- Do you have any questions about your body systems or body parts?
- What can you do if someone touches you and you don’t like it or it makes you uncomfortable?

Lesson 5: Puberty & Adolescent Development
- What are you excited about as you start puberty?
- What are you nervous about as you start puberty?