

Allergy and Anaphylaxis Management

Austin ISD's allergy and anaphylaxis management plan was developed to care for students with a diagnosed or undiagnosed potentially life-threatening allergy at risk for anaphylaxis, a life-threatening allergy response. Anaphylaxis is a serious immune-mediated response that develops after ingesting or coming in contact with allergens such as foods, insect stings, latex, or medications. Anaphylaxis may occur within minutes and up to 2 hours after exposure to an allergen. This Plan is in compliance with Texas S.B. 27 and S.B. 66.

To address the adverse outcomes for the student with an undiagnosed life-threatening allergy, and through a partnership between Dell Children's Medical Center and AISD, the *EpiPens in Schools* program will be implemented at the start of SY15/16. This program will result in the placement of unassigned epinephrine auto-injectors at each campus. The epinephrine auto-injectors are available for use by any employee who identifies a student exhibiting a life-threatening anaphylactic reaction. The Austin ISD School Board approved the policy, FFAC on Allergies and Anaphylaxis Management, on July 27, 2015.

The basis of the procedure and protocol is to:

- Identify the student with life-threatening allergies at risk for anaphylaxis, through parent input;
- Develop plans and strategies to ensure a safe learning environment for the student;
- Identify the specific responsibilities of the student, parent, AISD and Student Health Services staff in creating the safe learning environment for the student with identified life-threatening allergies;
- Identify the specific responsibilities of AISD and Student Health Services staff in addressing anaphylaxis in the student with undiagnosed life-threatening allergies.

Responsibilities:

- I. **Student Health Services (RN and School Health Assistant):**
 - a. Identify students with a history of allergies, including those at risk for anaphylaxis. Identification is through a multi-step process.
 - b. RN will develop appropriate plans, including, but not limited to Individualized Healthcare Plans, Emergency Plans, and 504 Plans; School Health Assistant will assist in implementing those plans.
 - c. RN will notify appropriate school staff with a need to know about student's condition, in accordance with FERPA guidelines, by providing information through the student's *Emergency Action Plan*.
 - d. The Department of Comprehensive Health and Student Health Services will train campus and non-campus based staff on:
 - i. Recognition of the signs and symptoms associated with life threatening allergic reactions/anaphylaxis.
 - ii. How and when to administer an epinephrine auto injector.
 - iii. Implementation of emergency procedures after administering an epinephrine auto injector.
 - iv. Properly disposing of used or expired epinephrine auto injectors, unless EMS responds.
 - v. Post-anaphylaxis even review procedures.

- vi. Be provided in a formal face to face training session or through the district's professional development system.
 - 1. Attendance records on the training will be maintained through the district's professional development system.
 - e. RN will provide the following training to AISD staff, as determined by collaborative effort with administration:
 - i. Student-specific allergy and anaphylaxis recognition and response, including access to and the use of an antihistamine and epinephrine auto-injector.
 - ii. Recognition of signs and symptoms of anaphylaxis in anyone: procedures to respond quickly and appropriately, including the administration of an epinephrine auto injector.
 - iii. Environmental control measures to reduce the risk of allergen exposure in all school-related areas, such as cafeteria, bus, and classroom.
 - f. Provide access to all assigned medications for all off-campus, school-related activities with proper notification from the teaching staff.
 - g. RN will lead debriefing following an anaphylactic event requiring administration of epinephrine auto injector, including completion of *Post-anaphylaxis Reaction Review Form*.
 - h. Ensure maintenance, administration, disposal, and replacement of epinephrine auto-injectors at each campus.
- II. AISD School Staff (Administrators, teachers, food services, athletics, transportation, etc):**
- a. Principal ensures all campus staff receives training on recognition of signs and symptoms of anaphylaxis, including the administration of epinephrine auto-injectors and how to respond quickly and appropriately.
 - b. Know the location of epinephrine auto injector, in the event it is needed.
 - c. Recognize signs and symptoms of anaphylaxis and how to respond quickly and appropriately.
 - d. Teachers will notify Health Team at least two (2) weeks prior of any off-campus, school-related activities to ensure access to life-saving medications for the student with documented life-threatening allergies.
- III. Parents/Guardian**
- a. Complete the annual health history form to notify the school of your child's allergies.
 - b. Provide written documentation of allergy and nature of the allergic reaction, including any medications prescribed by a treating physician.
 - c. Provide properly labeled medications and replace those medications after use or upon expiration. ***Parents are responsible for providing the appropriate medications, including antihistamines and epinephrine auto-injectors, for the student with a known life-threatening allergy or whose medical providers considers the student at high risk for anaphylaxis.***
 - d. Collaborate with school RN to develop individualized health care plan.
 - e. Provide emergency contact information and update as needed.

AISD Student Health Services Allergy and Anaphylaxis Process

Student identified as at-risk for Life-Threatening Allergy:

- Parent/Guardian notation on Confidential Health History Form
- Previous school year's Medical Alert List &/or Individualized Health Care Plans (IHCP)

- Student Health Team (SHS) contacts parent/guardian requesting completion of the following documents, as needed:
 - Student Allergy Letter (A1)
 - Allergy and Anaphylaxis Parent Information Form (A2)
 - Parent Authorization for Administration of Epinephrine Auto-Injector (A3)
 - Parent Authorization for Antihistamine Administration, grade-level specific (A4/A5) (if needed)
 - Physician Orders for Allergy and Anaphylaxis (A6)
 - Physician Statement of Food Accommodation Form (A7) (if needed)

*Parent is responsible for providing all supplies, including medication

Parent provides information*

No response to request

- RN:
 - identifies Medical Condition and Alert in SHIS
 - creates IHCP, Student-Specific Emergency Plan (A9), Bus Emergency Plan (A10) based on information provided
 - fax Bus Emergency Plan to SHS main office
 - notifies school staff with a need to know of student's significant allergy status
 - trains school staff, as needed
- SHS Team:
 - uploads documents to the student's SHIS record
 - gives completed Physician Statement of Food Accommodation Form to Cafeteria Manager, if applicable

- SHS Team contacts parent/guardian 2nd time for requested information, documents in SHIS
- RN notifies Principal of outcome of 2nd notice request & determines plan of action
- RN sends Allergy No Response Follow-up Letter (A8) to parent/guardian; documents in SHIS