

Revive

Employee Assistance Program (EAP)



Austin Independent School District

Revive EAP is an employer sponsored program, available at no cost to you and all members of your household. That includes dependent children up to age 26 should they live outside the home. Services are confidential and available 24 hours a day, 7 days a week.

To access services:

1-800-962-9480

www.reviveeap.com

Username: AISD | Password: EAP

Counseling and relationship support

You can call us 24 hours a day for in-the-moment emotional support from a licensed professional. You have up to 4 counseling sessions per issue per year with licensed network professionals at no cost to you. You don't have to worry about copays or deductibles. Counseling sessions are available face to face, by phone or televideo.

You can get support and resources for a wide range of issues including:

- Work/life balance
- Anxiety
- Family issues
- Substance misuse
- Depression
- Stress management

Online resources

You have access to a customized website that offers a full range of tools and resources on behavioral health and worklife balance topics. Most sections of the website are available in Spanish. Website links include:

- Articles and self-assessments
- Live webinars and on-demand library
- Access to worklife service providers
- Mobile app
- Stress Resource Center
- myStrength – a “health club” for your mind
- Video resources

The Discount Center offers deals on brand name products and services including:

- Computers and electronics
- Travel
- Theme parks
- Gifts
- Movie tickets
- Apparel and jewelry
- Local attractions
- Flowers and more

Fitness discounts offer savings on gym memberships at over 9,000 locations nationwide and home fitness equipment. Participating gyms and programs include:

- 24 Hour Fitness
- LA Fitness
- Anytime Fitness®
- Zumba® Fitness
- Nutrisystem® and more

Daily life assistance

You have access to personalized guidance finding resources to help with:

- Child care, parenting and adoption
- Summer programs for kids
- School and financial aid research
- Care for older adults
- Caregiver support
- Special needs
- Pet care
- Home repair and improvement
- Household services

You can also receive carekits related to growing families, child care, caregiving and more.

Legal services

You have access to a free 30-minute phone consultation with a participating attorney for each new legal topic (each plan year) related to:

- General, family and criminal law
- Elder law and estate planning
- Divorce
- Wills and other document preparation
- Real estate transactions
- Mediation services

For services beyond the initial consultation, you can receive a discount of 25 percent off of the fees (excluding flat legal fees, contingency fees and plan mediator services).

Note: Services must be related to the employee/ eligible household members; employment law is excluded.

Financial services

You have access to a free 30-minute phone consultation or each new financial topic (each plan year) related to:

- Budgeting
- Retirement or other financial planning
- Mortgages and refinancing
- Credit and debt issues
- College funding
- Tax and IRS questions and preparation

You can also receive a discount of 25 percent off tax preparation services.

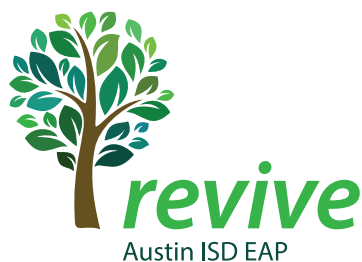
Note: Services must be for financial matters related to the employee and eligible household members

Identity theft services

You have one hour of fraud resolution phone consultation or coaching about ID theft prevention and credit restoration. Services include a free emergency kit for victims.

Confidential support is available
24 hours a day, 7 days a week.

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The EAP is administered by Resources For Living, LLC.

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