

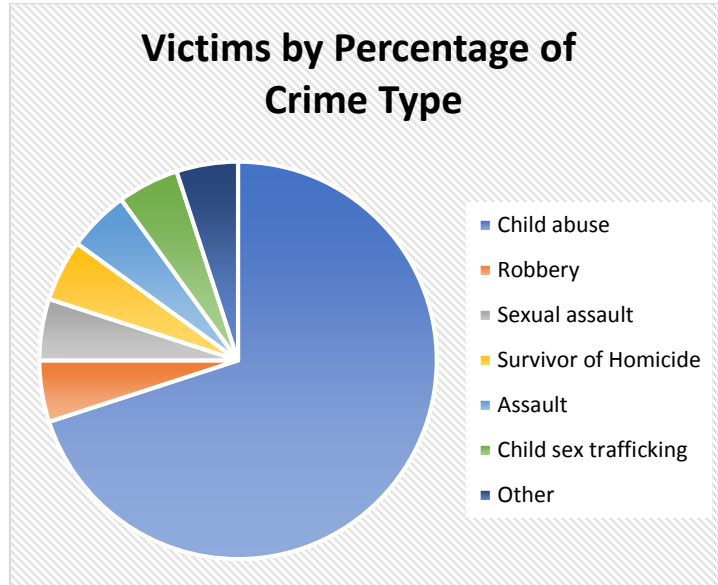
# Ecological Model of Care for Healing Victims Through School-Based Mental Health Centers



## SUMMARY

*Provide school-based counseling services for victims based on an evidenced-based framework for victims of complex trauma that requires collaboration among child, home, school, and treatment providers.*

## NEED



**Through this project, young students who are victims of crime will receive therapy services.**

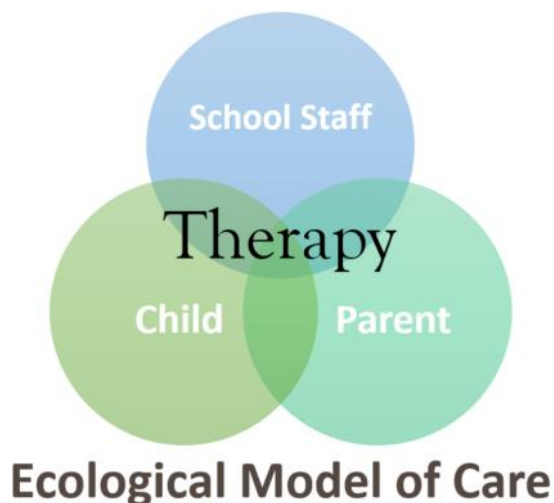
Project schools were chosen based on:

- High crime in the school's zip code
- Low access to services due to poverty, language, transportation

Children exposed to trauma in early childhood typically perform below-average academically, behaviorally and socially.

***Providing mental health services in elementary school prevents FUTURE problems.***

## PROJECT DESIGN



### **Victim Services in Evidence-Based Ecological Model of Care**

- ❖ Psychiatric Intake Assessment, including diagnosis and treatment plan
- ❖ Individual Therapy Sessions
- ❖ Group Therapy
- ❖ Family Therapy
- ❖ Coordination of Care with School
- ❖ Family-School-Therapist Meetings
- ❖ Customized Training for School Staff in campus-wide and small-group formats
- ❖ Workshops on Trauma-Informed Practices designed to raise awareness of how trauma impacts brain development and classroom behavior

## OUTCOMES AT SCHOOL-BASED MENTAL HEALTH CENTERS

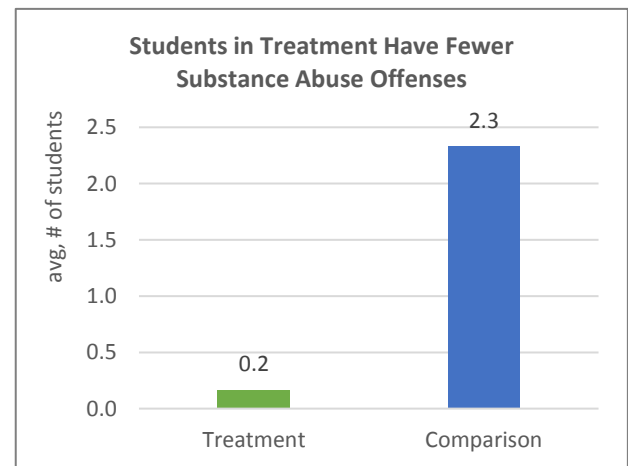
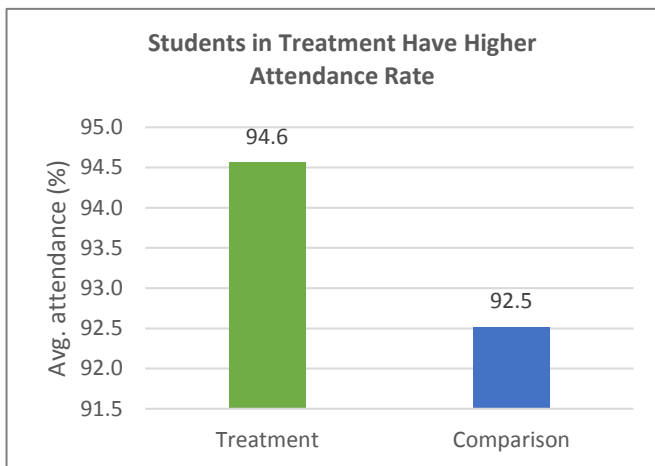
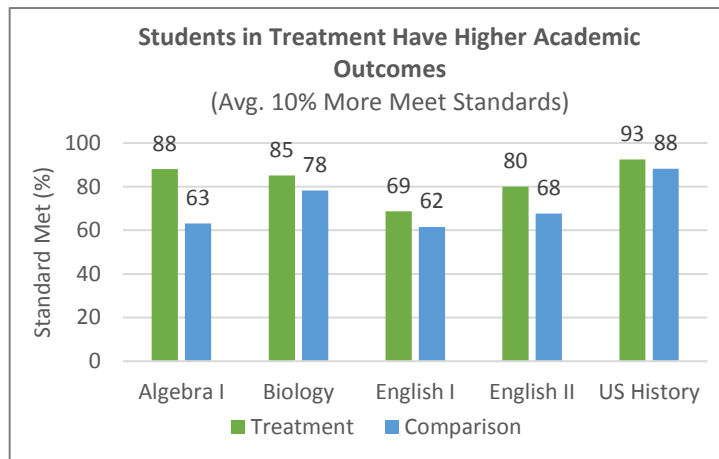
Positive outcomes at three high schools with school-based mental health centers<sup>1</sup> demonstrate the likely impact to be seen on VOCA-funded elementary campuses:



Disciplinary Issues  
Substance Use Problems



Attendance  
Academic Performance  
Social/Emotional Well Being



## PROJECT BUDGET

	2018-19	2019-20
<b>Amount Requested</b>	\$4,500,905	\$10,391,291
<b># Campuses</b>	22	52
<b># Therapists</b>	44	104
<b># Students Served</b>	660	1,560
<b># Family Members Served</b>	440	1,040
<b># Faculty/Staff Trained and/or Served</b>	440	1,040
<b>Total Individuals Directly Served</b>	1,540	3,640

<sup>1</sup> Vida Clinic 2016-17 Austin ISD Clinical Outcomes Report