

Fall 2009 Family Support Coop at Rosedale School

This series is a cooperative effort between Austin ISD, Austin Travis County MHMR, and The Arc of the Capital Area to inform and support families with children of all ages and disabilities. These events are available to parents, siblings, caregivers, educators, and someone who has a disability.

Spanish translators available

For more information call 414-2049

No reservations needed

Place: Rosedale School, 2117 West 49th St. (just west of 49th and Burnet Rd)

Choose **ONE session or meeting per evening**. All sessions start at 7:00, with FREE PIZZA and CHILDCARE starting at 6:30 (childcare for ages 5+ will focus on developing social skills and friendship)

		September 8 7:00 – 8:30pm	October 13 7:00 – 8:30pm	November 10 7:00 – 8:30pm	December 8 7:00 – 8:30pm
TOPICS & MEETINGS	Sibling Group	For brothers and sisters of children with disabilities (age 6 and up)			
	ADD/ADHD	Support and information for families of children and for adults with ADD/ADHD (CHADD)			
	From the Heart	Emotional support group for parents and care-givers (English and Spanish groups available)			
	Social Group	Social opportunities for students with disabilities ages 16 and up (led by staff from The Arc of the Capital Area)			
		Educating Children with Velocardiofacial Syndrome	New Parent Handbook for families navigating Special Education services		
	HOME	Bullying: Working with your child to prevent bullying	Homework: Lower anxiety, increase motivation, and build independence	Circle of Friends: How to set up a social group	Communication: Encouraging your child to communicate
	SCHOOL	IMPACT: Struggling student? This process can help build supports at your campus	Building Consensus at ARD meetings: Agreement . . . with reservations. How to say 'yes' to some, but not all, decisions.	Inclusion in AISD: Overview of inclusive practices in AISD and training available to teachers in the district.	Letting Your Child Lead: Building on choice-making skills to raise independent adults
	MEDICAL /HEALTH	Sensory Processing and Integration: Strategies to address sensory issues	Panel: A Psychiatrist and a psychologist answer your questions about medications, behavior, and other	Encouraging Fitness/Healthy Eating for your child and your family	Depression/Anxiety: Signs, symptoms and strategies
	RESOURCES	Resources Every Parent Should Know About: Funding, services, and supports	SSI/SSDI and Medicaid: How to qualify and what funds and services are available	Attendants/Childcare/Respite: How to find, train, and keep in-home and community care providers	Creative Use of Waivers: Information about Medicaid Waiver program options
	AUTISM	SCORES: The AISD program that provides social, behavioral and communication supports	Circle of Friends: How to set up a social group	Choosing Among Interventions: Helping families to make informed choices	How to Get In-Home Training and how to use it to benefit your child and family
BEHAVIOR	SAMA: Part I	SAMA: Part II	SAMA: Part III	SAMA: Final Class	
<i>4-part training on the Satori Alternatives to Managing Aggression (SAMA)</i>					

Fall 2009 Family Support Coop - AROUND TOWN

This series is a cooperative effort between Austin ISD, Austin Travis County MHMR, and The Arc of the Capital Area to inform and support families with children of all ages and disabilities. These events are available to parents, siblings, caregivers, educators, and someone who has a disability. For more information call 414-2049, 414-0955 or 476-7044.

Spanish translators available

No reservations needed

*Time: 6:30 p.m. – 8:00 p.m. * FREE PIZZA and CHILDCARE starting at 6:00 p.m. *
Place: Locations vary. See chart below for campus and address for each date*

	North-east Site	Central-east Site	South Site
	September 15 @ Graham Elementary 11211 Tom Adams Dr 78753	October 20 @ Sanchez Elementary 73 San Marcos St 78702	November 17 @ Crockett High School 5601 Manchaca Rd 78745
Directions	<i>Directions: From IH-35, exit onto Braker Lane going east. Turn south on Tom Adams Dr.</i>	<i>Directions: From IH-35, exit onto Caesar Chavez going east. Turn south on San Marcos St.</i>	<i>Directions: From IH-35, exit onto Stassney Lane going west. Turn south on Manchaca Rd.</i>
Topic #1	Topic # 1: The Top 5 facts and ideas that every parent should know when you walk into an ARD	Topic # 1: The Top 5 facts and ideas that every parent should know when you walk into an ARD	Topic # 1: Transition for teens: an overview of resources, guardianship, estate planning and the planning process
Topic #2	Topic # 2: Introduction to Autism and the SCORES program	Topic # 2: Introduction to Autism and the SCORES program	Topic # 2: An Introduction to the new Parent Handbook for families navigating the special education system